

## May 2024

RUI University

Brain Games

Spiritual

Entertainment

Art/Craft

Exercise

Games

Social

RUI FIT

RUI Gives Back

\$ Self-Funded

Music

BARRING I OI AT HIOAKS™  INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE					Games Education	Music → Sell-Funded
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RUIFIT- RUI Fit Gym CR: Card Room (4th Floor) MR: Magnolia/Dining Room MT: Movie Theater (4th Floor) P: Pavilion (1st Floor Outdoors) RUIU: RUI University Classroom (3rd Floor) O: Outing CS: Coffee Shop	A Toast to Mom Brunch SUNDAY, MAY 12 11:30 AM - 1:30 PM	Resident Birthdays! 5/2 Vicki D. 5/3 David B. 5/3 Lillie C. 5/3 Michael L. 5/6 Lois M. 5/14 Kenneth H. 5/19 Linda G. 5/26 Marilyn P. 5/28 Alyene M.	1 11:00 Sit and Be Fit (RUI FIT Gym)*  12:00 Luncheon: Plaza Azteca\$ 2:00 The Art & History of Pressed Flowers w/ Conner Parrish (RUIU)  3:00 Tunes w/Live Lark Band (MR)  6:30 Evening Movie Encore (MT)	10:30 Coffee with the ED (MR)* 11:00 Walking Club (Meet in Lobby) 11:30 Chair One w/ Coach Kay (RUIFIT) 1:30 Thursday Afternoon Bingo! (3FR) 3:00 Cardio Drumming w/ Coach Kay (RUIFIT) 3:00 Life Enrichment Talks with Tay (CS)	Food Truck Friday!  11:00 Exercise with Legacy (RUI FIT Gym)*  11:00 Honoring Stories Writing Group w/ Jennifer Jurlando (4CR)  1:30 Art Expression: Flower Wreaths (RUIU)  3:00 New Resident Meet & Greet (3FR)  6:30 Evening Movie Encore (MT)	Kentucky Derby  11:00 Sit & Be Fit (RUI FIT Gym)*  1:30 Saturday Afternoon Bingo! (3FR)  3:00 Kentucky Derby Social (P)  6:30 Kentucky Derby Watch Party (MT)  6:30 Resident-Led Canasta (CR)
10:00 Catholic Communion Service (3FR)* 10:30 Virtual Catholic Service (3FR)* 11:30 Taste of RUI Sunday Brunch (MR) 1:30 Cinco de Mayo Celebration (3FR) 2:00 Richmond Symphony Outing: Mozart, Price & Beethoven 2:00 Words of Faith with Pastor Edwards & Universal Church (MR)	10:30 **TED Talk: French Culture (CS) 11:00 **Jammin' with Jillson (RUI-FIT Gym)* 1:00 **Shopping: Goodwill \$ 1:30 **Monday Afternoon Bingo! (3FR) 3:00 **RUI Giveback: Cards 4 Nurses (RUIU) 6:30 **Evening Movie Encore (MT)	National Teachers' Day 7  11:00 RUI Giveback: Teacher Baskets  11:00 Walking Club (Meet in Lobby)  11:30 Strength Training w/ Coach Kay (RUI-FIT GYM)  1:30 Tuesday Afternoon Bingo! (3FR)  3:00 "Gettin' the Blues" w/ Josh Urban  3:00 Cafe Chair Yoga Coach Kay (RUI-FIT GYM)  6:30 Evening Movie Encore (MT)	11:00 Sit and Be Fit (RUI FIT Gym)*  12:00 Luncheon: Jason's Deli \$  1:30 The Raven, The Bird, The Myth, The Legend w/ Buz & Barb (RUIU)  3:00 Music w/Drew Dunbar (MR) \( \)  6:30 Evening Movie Encore (MT)	10:30 Coffee with Nursing (CS)* 11:00 Walking Club (Meet in Lobby) 11:30 Chair One w/ Coach Kay (RUIFIT) 1:30 Thursday Afternoon Bingo! (3FR) 2:00 Resident Association Meeting (MR) 2:30 Bingo Auction (3FR) 3:00 Cardio Drumming w/ Coach Kay (RUIFIT) 6:30 Evening Movie Encore (MT)	10 10:00 Navigating the News w/ Pam Benson (MT) 11:00 Exercise with Legacy (RUI FIT Gym)* 12:00 Military Spouse Appreciation Luncheon 1:30 My RUI App & Technology Class (RUIU) 3:00 Happy Hour & Music Videos! (3FR) 6:30 Evening Movie Encore (MT)	11:00 Sit & Be Fit (RUI FIT Gym)* 1:30 Saturday Afternoon Bingo! (3FR) 3:00 Wine down Saturdays (3FR)\$ 6:30 Evening Movie Encore (MT) 6:30 Resident-Led Canasta (CR)
Mother's Day  10:00 Catholic Communion Service (3FR)*  10:30 Virtual Catholic Service (3FR)*  11:30 Toast to Mom Brunch (MR)  1:30 Gardening Club	2 TOP GUN DAY 11:00 Sit and Be Fit (RUI Fit Gym) 1:00 Shopping: Walmart\$ 1:30 Monday Afternoon Bingo! (3FR) 3:00 Evening Movie Encore: Top Gun (MT) 6:00 Resident-Led Game Hour (CR)	14 11:00 Walking Club (Meet in Lobby) 11:30 Strength Training w/ Coach Kay (RUI-FIT GYM) 12:00 Veterans' Luncheon (P) 1:30 Tuesday Afternoon Bingo! (3FR) 3:00 Cafe Chair Yoga Coach Kay (RUI-FIT GYM) 6:30 Evening Movie Encore (MT)	15 11:00 Sit and Be Fit (RUI FIT Gym)* 12:00 Out on the town: Picnic at Byrd Park 2:00 Trivia Quest Live (RUIU) 3:00 Art Expressions w/ Chyna (RUIU) 6:30 Evening Movie Encore (MT) 6:30 Resident-Led Book Club (4CR)	16:30 Coffee with Culinary (CS)* 11:00 Walking Club (Meet in Lobby) 11:30 Chair One w/ Coach Kay (RUIFIT) 1:30 Thursday Afternoon Bingo! (3FR) 3:00 Cardio Drumming w/ Coach Kay (RUIFIT) 3:00 Price Is Right (CS) 6:30 Evening Movie Encore (MT)	Food Truck Friday! 17  11:00 Exercise with Legacy (RUI FIT Gym)*  1:30 Poet's Last Poem Pt. 3 (RUIU)  3:00 Ice Cream Social (P) 6:30 Evening Movie Encore (MT)	18 11:00 Sit & Be Fit (RUI FIT Gym)* 1:30 Saturday Afternoon Bingo! (3FR) 3:00 Wine down Saturdays (3FR)\$ 6:30 Evening Movie Encore (MT) 6:30 Resident-Led Canasta (CR)
19 10:00 Catholic Communion Service (3FR)* 10:30 Virtual Catholic Service (3FR)* 11:30 Taste of RUI Sunday Brunch (MR) 1:30 Gardening Club 1:30 Holy Episcopal Worship Service (RUIU)	(RUI-FIT Gym)* 1:00 Shopping: Big Lots\$ 1:30 Monday Afternoon Bingo!	11:30 Strength Training w/ Coach Kay (RUI-FIT GYM)  1:30 Tuesday Afternoon Bingo! (3FR)  3:00 Bowling (3FR)  3:00 Cafe Chair Yoga Coach Kay (RUI-FIT GYM)	11:00 Out on the town: VMFA 11:00 Sit and Be Fit (RUI FIT Gym)*  2:00 Taste of RUI: Italy (MR)  3:00 Wellness Social w/ Legacy (CS)  6:30 Music w/ Kevin Salyer (MR)	10:30 Coffee with Maintenance (CS)* 11:00 Walking Club (Meet in Lobby) 11:30 Chair One w/ Coach Kay (RUIFIT) 1:30 Thursday Afternoon Bingo! (3FR) 2:30 Resident Welcoming Committee Meeting (CS) 3:00 Art Expressions: Lei Making (RUIU) 3:00 Cardio Drumming w/ Coach Kay (RUIFIT) 4:30 Family night: Luau Dinner (MR) 6:00 Evening Movie: Finding Ohana (MT)		National Wine Day  11:00 Sit & Be Fit (RUI FIT Gym) <sup>3</sup> 1:30 Saturday Afternoon Bingo! (3FR)  3:00 Wine down Saturdays (3FR)\$  6:30 Evening Movie Encore (MT)  6:30 Resident-Led Canasta (CR
10:00 Catholic Communion Service (3FR)* 10:30 Virtual Catholic Service (3FR)* 11:30 Taste of RUI Sunday Brunch (MR) 1:30 Gardening Club 1:30 Nondenominational Sunday Communion (FR)	Gym) 11:30 Memorial Day Cookout w/ River City Cruisers (P)	11:00 Walking Club (Meet in Lobby) 11:30 Healthy Snack Taste Testing w/ Coach Kay (RUI Fit Gym) 1:30 Tuesday Afternoon Bingo! (3FR) 3:00 Health Talk Hypertension Coach Kay (RUIU) 3:00 Lemonade & Lawn Games 6:30 Evening Movie Encore (MT)	11:00 Sit and Be Fit (RUI FIT Gym)*  12:00 Luncheon: Outback Steakhouse\$  1:30 Art Expression: Spring Painting  3:00 BBQ Tasting Board  3:30 Pet Therapy w/ Dana  6:30 Evening Movie Encore (MT)	10:30 Coffee with Life Enrichment 11:00 Walking Club (Meet in Lobby) 11:30 Chair One w/ Coach Kay (RUIFIT) 1:30 Thursday Afternoon Bingo! (3FR) 3:00 Cardio Drumming w/ Coach Kay (RUIFIT) 3:00 Uncorked: Germany 6:30 Evening Movie Encore (MT)	Food Truck Friday!  11:00 Exercise with Legacy (RUI FIT Gym)*  1:30 Group Crossword Puzzle  3:00 May Birthday Social (P)  6:30 Evening Movie Encore (MT)	Please note that all Life Enrichment activities are subject to change based on the needs and desires of our residents. Outdoor programs are weather dependent. Programs run for an hour unless otherwise noted. Those with "*" are a half hour.