

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Mother's Day Brunch</p> <p>SUNDAY, MAY 12 11:00 AM - 1:00 PM AUDITORIUM</p>	<p>Activity Key A- Auditorium A/C- Arts and Crafts Room (3rd Floor) CDR- Card Room CL- Club Room (2nd Floor) G- IL Gym L- Lobby MDR- Main Dining Room P- Portico VR- Virtual Reality</p>	<p>Taste of RUI Meal Service Breakfast: 8am - 10am Lunch: 12pm - 1pm Dinner: 4:30pm - 6:30pm Open Gym Hours 2:30pm - 3:30pm (2nd Floor)</p>	<p>1</p> <p>9:30 Walking Club (L)* 10:00 HIIT Workout (CL)* 10:30 Morning Devotionals (CL)* 11:00 Random Trivia (CL)* 1:30 VR- Fishing (CL)* 3:00 Rummikub Game (CL) 6:00 Game Night- Jeopardy (A)</p>	<p>2</p> <p>9:30 NC Museum of Art Outing (L) 9:30 Walking Club (L)* 10:00 Tai Chi Workout (CL) 10:30 Bingo (CL)* 11:00 Jeopardy Challenge (CL)* 1:30 Beginner Bridge (CR) 3:15 Happy Hour Social (CL) 6:00 Evening Movie (A)</p>	<p>3</p> <p>9:30 Walking Club (L)* 10:00 Strength Training (A)* 10:30 RUI Fit Health Talk (A)* 11:00 Dealer's Choice (A) 1:30 Dominoes (A) 3:00 Feet to the Fire Writers Workshop (A) 6:00 Evening Movie (A)</p>	<p>4</p> <p>Kentucky Derby Day 10:00 Saturday Stroll (L)* 10:30 Chair Pilates (A) 11:00 Dealer's Choice (CDR)* 2:00 Puzzle Club (CL)* 3:00 Afternoon Matinee (A) 6:30 Kentucky Derby Watch Party (A)</p>
<p>5</p> <p>Cinco De Mayo 10:00 Gentle Stretching (A)* 11:00 Taste of RUI- Sunday Brunch (A) 1:00 Puzzle Club (CL) 2:00 Cinco De Mayo Social (A) 3:00 "The Sweet Loves" Performance (A)</p>	<p>6</p> <p>9:30 Walking Club (L)* 10:00 Chair One Workout (A)* 10:30 Dealer's Choice (A)* 11:00 Kanjam Frisbee Game (A)* 2:00 Travels w/ Monika- Atlanta to Savannah, GA (A) 3:00 Coffee and Chat w/ E.D. (A) 6:00 Evening Movie (A)</p>	<p>7</p> <p>9:30 Walking Club (L)* 10:00 Balance and Mobility (A) 10:30 TED Talks- French Culture (A)* 11:00 Crossword Puzzle (A)* 1:30 Afternoon Poker (CL) 1:30 It's a Zoo Life- Petting Zoo (A) 3:15 Happy Hour Social (CL)</p>	<p>8</p> <p>9:30 Walking Club (L)* 10:00 Cinco De Mayo HIIT Workout (A)* 10:30 Morning Devotionals (A)* 11:00 Blank Slate (A)* 1:30 VR- Under the Sea (A) 3:00 Board Games (A) 6:00 Paint Design w/ Noelle (A)</p>	<p>9</p> <p>9:30 Walking Club (L)* 10:00 Tai Chi Workout (CL) 10:30 Pokeno (CL)* 11:00 Trivial Pursuit (CL) 2:00 Prayer & Communion w/ Stephen (CL) 3:15 Happy Hour Social (CL) 6:00 Evening Movie (A)</p>	<p>10</p> <p>9:30 Walking Club (L)* 10:00 Strength Training (A)* 10:30 Dealer's Choice (A) 11:00 Crossword Puzzle (A)* 2:00 Hymns Sing-Along (A) 3:00 U.S. History with Jeffrey (A) 6:00 Evening Movie (A)</p>	<p>11</p> <p>10:00 Saturday Stroll (L)* 10:30 Chair Yoga (A)* 11:00 Dealer's Choice (CDR)* 2:00 Puzzle Club (CL)* 3:00 Afternoon Matinee (A)</p>
<p>12</p> <p>Mother's Day 10:00 Gentle Stretching (A)* 11:00 Mother's Day Brunch (A) 1:00 Puzzle Club (CL) 2:00 Dealer's Choice (CL)* 3:00 Dominoes (CL)</p>	<p>13</p> <p>9:30 Walking Club (L)* 10:00 Chair One Workout (A)* 10:30 Dealer's Choice (A)* 11:00 Kanjam Frisbee Game (A)* 2:00 Travels w/ Monika- Knoxville to Memphis, TN (A) 3:00 Coffee and Chat w/ E.D. (A) 6:00 Evening Movie (CL)</p>	<p>14</p> <p>9:30 Walking Club (L)* 10:00 RUI Fit Fall Prevention Exercise (A)* 10:30 TED Talks- French Culture (A)* 11:00 Crossword Puzzle (A)* 1:30 Afternoon Poker (CL) 3:15 Happy Hour Social (CL)</p>	<p>15</p> <p>9:30 Walking Club (L)* 10:00 Seated HIIT Workout- Tennis (CL)* 10:30 Morning Devotionals (CL)* 11:00 Random Trivia (CL)* 2:00 Resident Town Hall Meeting (A) 2:30 Resident Culinary Services Meeting (A) 6:30 Methodist Men's Choir (A)</p>	<p>16</p> <p>9:30 Walking Club (L)* 10:00 Tai Chi Workout (CL) 10:30 Bingo (CL)* 11:00 Jeopardy Challenge (CL)* 1:30 Beginner Bridge (CL) 3:15 Happy Hour Social (CL) 6:00 Evening Movie (A)</p>	<p>17</p> <p>9:30 Walking Club (L)* 10:00 Strength Training (A)* 10:30 Dealer's Choice (A) 11:00 Crossword Puzzle (A) 1:30 Dominoes (A) 3:00 Taste of RUI- France (A) 6:00 Evening Movie (A)</p>	<p>18</p> <p>10:00 Saturday Stroll (L)* 10:30 Chair Pilates (A) 11:00 Dealer's Choice (CDR)* 2:00 Puzzle Club (CL)* 3:00 Afternoon Matinee (A)</p>
<p>19</p> <p>10:00 Gentle Stretching (A)* 11:00 Taste of RUI- Sunday Brunch (A) 1:00 Puzzle Club (CL) 2:00 Dealer's Choice (CL)* 3:00 "The Sweet Loves" Performance (A)</p>	<p>20</p> <p>9:30 Walking Club (L)* 10:00 Chair One Workout (A)* 10:30 Dealer's Choice (A)* 11:00 Kanjam Frisbee Game (A)* 12:00 Resident Birthday Luncheon (MDR) 2:00 Travels w/ Monika- Dallas to San Antonio, TX (A) 3:00 Coffee and Chat w/ E.D. (A) 6:00 Evening Movie (A) 6:30 Evening Devotional w/ The Barnett Family (A)</p>	<p>21</p> <p>9:30 Walking Club (L)* 10:00 Pilates Workout (A) 10:30 TED Talks- French Culture (A)* 11:00 Crossword Puzzle (A)* 1:30 Afternoon Poker (CL) 3:15 Happy Hour Social (CL) 4:30 Lou Redas Restaurant Outing (L)</p>	<p>22</p> <p>9:30 Walking Club (L)* 10:00 HIIT Workout- Soccer (A)* 10:30 Morning Devotionals (A)* 11:00 Blank Slate (A)* 1:30 Veterans Social (A) 3:00 Board Games (CL) 6:00 Evening Movie (A)</p>	<p>23</p> <p>9:30 Walk in the Park Outing (L)* 10:00 Tai Chi Workout (CL) 10:30 Pokeno (CL)* 11:00 Trivial Pursuit (CL) 2:00 Prayer & Communion w/ Stephen (CL) 3:30 Happy Hour w/ Anna Heckert (A) 6:00 Evening Movie (A)</p>	<p>24</p> <p>9:30 Walking Club (L)* 10:00 Strength Training (A)* 10:30 Dealer's Choice (A) 11:00 Crossword Puzzle (A)* 2:00 Hymns Sing-Along (A) 3:00 Feet to the Fire Writers' Workshop (A) 6:00 Evening Movie (A)</p>	<p>25</p> <p>10:00 Saturday Stroll (L)* 10:30 Chair Yoga (A)* 11:00 Dealer's Choice (CDR)* 2:00 Puzzle Club (CL)* 3:00 Afternoon Matinee (A)</p>
<p>26</p> <p>10:00 Gentle Stretching (A)* 11:00 Taste of RUI- Sunday Brunch (A) 1:00 Puzzle Club (CL) 2:00 Dealer's Choice (CL)* 3:00 Dominoes (CL)</p>	<p>27</p> <p>Memorial Day 9:30 Walking Club (L)* 10:00 Chair One Workout (A)* 10:30 Dealer's Choice (A)* 11:00 Kanjam Frisbee Game (A)* 12:00 Memorial Day Cookout (MDR) 1:30 Outdoor Games (P) 3:00 Dave Binanay Performance (A) 6:00 Evening Movie (A)</p>	<p>28</p> <p>9:00 Museum of the Albemarle Outing (L) 9:30 Walking Club (L)* 10:00 Balance and Mobility (A)* 10:30 TED Talks- French Culture (A)* 11:00 Crossword Puzzle (A)* 1:30 Afternoon Poker (CL) 3:15 Happy Hour Social (CL)</p>	<p>29</p> <p>9:30 Walking Club (L)* 10:00 HIIT Workout- Baseball (A)* 10:30 Morning Devotionals (CL)* 11:00 Random Trivia (CL)* 11:30 Meet and Greet with RUI Fit Coach (GYM) 12:00 New Resident Luncheon (MDR) 1:30 VR- Roller Coasters (A) 3:00 Butterbean Auction (A) 6:00 Paint Design w/ Noelle (A)</p>	<p>30</p> <p>9:30 Walking Club (L)* 10:00 Tai Chi Workout (CL) 10:30 Bingo (CL)* 11:00 Jeopardy Challenge (CL)* 1:30 Beginner Bridge (CL) 3:15 Happy Hour Social (CL) 6:00 Evening Movie (A)</p>	<p>31</p> <p>9:30 Walking Club (L)* 10:00 Strength Training (A)* 10:30 Dealer's Choice (A) 11:00 Crossword Puzzle (A) 1:30 Dominoes (A) 3:00 Feet to the Fire Writers Workshop (A) 6:00 Evening Movie (A)</p>	<p>Please note that all life enrichment programs are subject to change based on the needs and desires of the residents. Outdoor programs and outings are weather dependent. Programs run for one hour or longer unless otherwise noted. Those with an "*" are a half hour.</p>