

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Life Enrichment Reminder All life enrichment activities are subject to change based on the needs and desires of our residents. Outdoor programs and outings are weather dependent. Programs run for one hour unless noted. Those with "*" are a half hour.</p>	<p>Movies & TED Talks Daily in Theater TED Talk - 10 AM Movie Matinee - 1:15 PM Taste of RUI Meal Service Breakfast 8 - 10 AM Lunch 12 - 2 PM Dinner 4 - 7 PM</p>	<p>LUXE SPA Service Hours Salon - Tuesdays & Thursdays 9 AM - 5 PM Massage Therapy - Wednesdays 9 AM - 5 PM Facials, Skincare, & Nails - Fridays 10 AM - 6 PM</p>	<p>1 10:00 Old Tunes with Diana (MP) 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Mass at St. Theresa's ☩ 11:30 Strength Training Beginners (G)** 1:00 Voice/Piano Lessons with Diana (MP) ♪ 1:15 Movie Matinee (MT) 3:00 You be the Judge (MP)** 4:00 Walking Club (G)**</p>	<p>2 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Loudoun County Mobile Library (L) 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 2:00 Kentucky Derby Hat Craft (MP) 3:00 Aces Volleyball Practice (G)** 3:30 Volleyball Practice (G)** 4:00 Bingo (MP) 6:30 Bible Study (MP)</p>	<p>3 9:30 Wegmans & Errand Run ☩ 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 1:30 Feet to the Fire Workshop (MP)** 2:15 Trivia & Popcorn (B)** 3:00 Cornhole (G)** 4:00 Mix & Mingle with Singer McKinley(MP) ♪</p>	<p>4 10:30 Daily Chronicle (L)** 11:00 Morning Exercise (G)** 1:15 Movie Matinee (MT) 1:30 Facilitated TED Talk (B)** 2:00 Kentucky Derby Social (MP) 3:00 Volleyball Practice (G)** 4:00 Bingo (MP)</p>
<p>5 10:00 Catholic Communion (RUIU)**† 11:30 Religious Sermon (MT)† 1:15 Movie Matinee (MT) 2:00 Cinco De Mayo Celebration (MP) 3:30 Word in a Word (MP)</p>	<p>6 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 1:00 WWII in the U.S. (RUIU)★ 1:15 Movie Matinee (MT) 2:00 Flower Arranging (MP)** 3:00 Cornhole (G)** 4:00 Happy Hour with the Piano Man (MP) ♪</p>	<p>7 10:30 Coffee & Chat with the ED (MP) 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 My RUI App (MP)** 11:30 Strength Training Beginners (G)** 1:00 Top Golf ☩ 1:15 Movie Matinee (MT) 2:00 Bird Feeder Craft (MP) 3:00 Aces Volleyball Practice (G)** 3:30 Volleyball Practice (G)** 4:00 Bingo (MP)</p>	<p>8 10:00 Old Tunes with Diana (MP) 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Mass at St. Theresa's ☩ 11:30 Strength Training Beginners (G)** 1:00 Voice/Piano Lessons with Diana (MP) ♪ 1:15 Movie Matinee (MT) 2:00 The Life & Music of Harry Belafonte (RUIU)★ 3:00 You be the Judge (MP)** 4:00 Walking Club (G)**</p>	<p>9 National Butterscotch Brownie Day 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 2:00 Butterscotch Brownie Social (MP) 3:00 Aces Volleyball Practice (G)** 3:30 Volleyball Practice (G)** 4:00 Bingo (MP) 6:30 Bible Study (MP)</p>	<p>10 9:30 Wegmans & Errand Run ☩ 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 1:30 Feet to the Fire Workshop (MP)** 2:15 Trivia & Popcorn (B)** 3:00 Cornhole (G)** 4:00 Mix & Mingle with Pianist Caleb (MP) ♪ 5:00 Extended Cinco De Mayo Dance (DR) ♪</p>	<p>11 10:30 Daily Chronicle (L)** 11:00 Morning Exercise (G)** 1:15 Movie Matinee (MT) 1:30 Facilitated TED Talk (B)** 2:00 Pre-Mother's Day Tea (MP) 3:00 Volleyball Practice (G)** 4:00 Bingo (MP)</p>
<p>12 10:00 Catholic Communion (RUIU)**† 11:00 Mother's Day Brunch (DR) ♪ 11:30 Religious Sermon (MT)† 1:15 Movie Matinee (MT) 2:30 Word in a Word (MP)</p>	<p>13 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 2:00 Flower Arranging (MP)** 3:00 Cornhole (G)** 4:00 Happy Hour with Lalo (MP) ♪</p>	<p>14 10:30 Coffee & Chat with the ED (MP) 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 My RUI App (MP)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 2:00 Culinary Meeting with Executive Chef (RUIU) 2:30 Ashleigh Town Hall (RUIU) 3:00 Aces Volleyball Practice (G)** 3:30 Volleyball Practice (G)** 4:00 Bingo (MP)</p>	<p>15 10:00 Old Tunes with Diana (MP) 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Mass at St. Theresa's ☩ 11:30 Strength Training Beginners (G)** 1:00 Voice/Piano Lessons with Diana (MP) ♪ 1:15 Movie Matinee (MT) 2:00 Art of Ancient Rome (RUIU)★ 3:00 You be the Judge (MP)** 4:00 Walking Club (G)**</p>	<p>16 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Claude Moore Park ☩ 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 2:00 Spring Cleaning with Legacy (MP) 3:00 Aces Volleyball Practice (G)** 3:30 Volleyball Practice (G)** 4:00 Bingo (MP) 6:30 Bible Study (MP)</p>	<p>17 9:30 Wegmans & Errand Run ☩ 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 1:30 Feet to the Fire Workshop (MP)** 2:15 Trivia & Popcorn (B)** 3:00 Cornhole (G)** 4:00 Mix & Mingle with Pianist Zenon (MP) ♪</p>	<p>18 10:30 Daily Chronicle (L)** 11:00 Morning Exercise (G)** 12:00 Celebration of Life for Richard Wise (MP) 1:15 Movie Matinee (MT) 1:30 Facilitated TED Talk (B)** 2:00 Men's Club (P)** 3:00 Volleyball Practice (G)** 4:00 Bingo (B)</p>
<p>19 10:00 Catholic Communion (RUIU)**† 11:30 Religious Sermon (MT)† 1:15 Movie Matinee (MT) 2:00 Ice Cream Social (MP) 3:30 Word in a Word (MP)</p>	<p>20 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 2:00 Flower Arranging (MP)** 3:00 Cornhole (G)** 4:00 Happy Hour with Singer Robert (MP) ♪</p>	<p>21 10:30 Coffee & Chat with the ED (MP) 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 My RUI App (MP)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 2:00 Veterans' Social (MP) 3:00 Aces Volleyball Practice (G)** 3:30 Volleyball Practice (G)** 4:00 Bingo (MP)</p>	<p>22 10:00 Old Tunes with Diana (MP) 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Mass at St. Theresa's ☩ 11:30 Strength Training Beginners (G)** 1:00 Voice/Piano Lessons with Diana (MP) ♪ 1:15 Movie Matinee (MT) 2:00 Spy Talk with Tom (RUIU)★ 3:00 You be the Judge (MP)** 4:00 Walking Club (G)**</p>	<p>23 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 12:00 Aces Volleyball Tournament ☩ 1:15 Movie Matinee (MT) 2:00 Travelogue: France (MP) 2:30 Taste of RUI: France (MP) 4:00 Bingo (MP) 6:30 Bible Study (MP)</p>	<p>24 9:30 Wegmans & Errand Run ☩ 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 1:30 Feet to the Fire Workshop (MP)** 2:15 Trivia & Popcorn (B)** 3:00 Cornhole (G)** 4:00 May Birthday Social with Pianist Caleb (MP) ♪ 4:30 Hula Dancing (CY)** 5:00 Island Themed Dinner (DR) 6:30 Family Movie Night: "Finding Ohana" (MT)</p>	<p>25 10:30 Daily Chronicle (L)** 11:00 Morning Exercise (G)** 1:15 Movie Matinee (MT) 1:30 Facilitated TED Talk (B)** 2:00 Paint & Sip (RUIU)★ 3:00 Book Club (L)** 4:00 Bingo (MP)</p>
<p>26 10:00 Catholic Communion (RUIU)**† 11:30 Religious Sermon (MT)† 1:15 Movie Matinee (MT) 2:00 Dog Treats for Animal Shelter 🐾 3:30 Word in a Word (MP)</p>	<p>27 Memorial Day 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 12:00 Memorial Day Lunch (DR) ♪ 1:15 Movie Matinee (MT) 2:00 Flower Arranging (MP)** 3:00 Cornhole (G)**</p>	<p>28 10:30 Coffee & Chat with the ED (MP) 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 My RUI App (MP)** 11:30 Strength Training Beginners (G)** 1:00 The History of Jazz (MP)★ 1:15 Movie Matinee (MT) 2:30 Uncorked: Germany (MP) 3:00 Aces Volleyball Practice (G)** 4:00 Bingo (MP)</p>	<p>29 10:00 Old Tunes with Diana (MP) 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Mass at St. Theresa's ☩ 11:30 Strength Training Beginners (G)** 1:00 Voice/Piano Lessons with Diana (MP) ♪ 1:15 Movie Matinee (MT) 2:00 Clara Barton - Civil War★ 3:00 You be the Judge (MP)** 4:00 Walking Club (G)**</p>	<p>30 National Creativity Day 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:00 U.S. Botanic Garden ☩ 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 2:00 Wine Glass Painting (MP) 3:00 Volleyball Practice (G)** 4:00 Bingo (MP) 6:30 Bible Study (MP)</p>	<p>31 9:30 Wegmans & Errand Run ☩ 10:30 Daily Chronicle (L)** 10:50 Strength Training Advanced (G)** 11:30 Strength Training Beginners (G)** 1:15 Movie Matinee (MT) 1:30 Feet to the Fire Workshop (MP)** 2:15 Trivia & Popcorn (B)** 3:00 Cornhole (G)** 4:00 Mix & Mingle with Guitarist John (MP) ♪</p>	<p>Location Key FL- Front Lobby (1st Floor) L - Library (1st Floor) G - Gym (1st Floor) CY - Courtyard (1st Floor) DR - Dining Room (1st Floor) MP - Multipurpose Room (2nd Floor) B - Bistro (2nd Floor) MT - Movie Theatre (3rd Floor) RUIU - RUI Classroom (3rd Floor)</p>