

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|--|---|---|---|---|--|--|
| <p><i>Cherry Blossom Festival</i></p> <p><b>MONDAY, APRIL 29</b><br/>12:00 PM - 2:00 PM</p>  | <p>1</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Morning Exercise (G)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  WWII in the U.S. (RUIU)</p> <p>2:15  Flower Arranging (MP)**</p> <p>3:00  Trivia &amp; Popcorn (B)</p> <p>4:00  Happy Hour with Lalo (MP) </p>   | <p>2</p> <p>10:30  Coffee &amp; Chat with the ED (MP)</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  My RUI App (MP)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Queen Elizabeth I - Good Bless the Queen (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p>   | <p>3</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Mass at St. Theresa's </p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Jewelry Making (MP)</p> <p>3:00  Cornhole (G)**</p> <p>4:00  You be the Judge (MP)**</p>  | <p>4</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Memorial Service of Ms. Dorothy E. </p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p> <p>6:00  Bible Study (MP)</p>   | <p>5</p> <p><b>National Caramel Day</b></p> <p>9:30  Wegmans &amp; Errand Run </p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Feet to the Fire Workshop (MP)**</p> <p>2:00  Caramel Popcorn &amp; Trivia (MP)</p> <p>3:00  Cardio Training (G)**</p> <p>4:00  Mix &amp; Mingle with Singer McKinley (MP) </p>                     | <p>6</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Facilitated TED Talk (B)**</p> <p>2:00  Sing Along (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p>   |
| <p>7</p> <p>10:00  Catholic Communion (RUIU)** </p> <p>11:30  Religious Sermon (MT) </p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Tech Time with Indira (MP)**</p> <p>2:30  Sun Catchers with Glass Beads (MP)</p> <p>3:30  Word in a Word (MP)</p>            | <p>8</p> <p><b>National Zoo Lovers Day</b></p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Morning Exercise (G)**</p> <p>11:15  Nova Wild </p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Flower Arranging (MP)**</p> <p>3:00  Trivia &amp; Popcorn (B)</p> <p>4:15  Happy Hour with the Piano Man (MP) </p>                | <p>9</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  My RUI App (MP)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:30  Resident Council (RUIU)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:00  Ashleigh Town Hall (RUIU)</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p>   | <p>10</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Mass at St. Theresa's </p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  The Roots of Rock &amp; Roll (RUIU)</p> <p>3:00  Cornhole (G)**</p> <p>4:00  You be the Judge (MP)**</p>   | <p>11</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Cracker Barrel Old Country Store </p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:30  Diamond Coasters (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p> <p>6:00  Bible Study (MP)</p>   | <p>12</p> <p>9:30  Wegmans &amp; Errand Run </p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Feet to the Fire Workshop (MP)**</p> <p>2:00  Line Dancing (MP)</p> <p>3:00  Cardio Training (G)**</p> <p>4:00  Mix &amp; Mingle with Pianist Caleb (MP) </p>   | <p>13</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Facilitated TED Talk (B)**</p> <p>2:00  Sing Along (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p>  |
| <p>14</p> <p>10:00  Catholic Communion (RUIU)** </p> <p>11:30  Religious Sermon (MT) </p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Tech Time with Indira (MP)**</p> <p>2:00  Veterans Social (MP)</p> <p>3:30  Word in a Word (MP)</p>                         | <p>15</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Morning Exercise (G)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Flower Arranging (MP)**</p> <p>3:00  Trivia &amp; Popcorn (B)</p> <p>4:00  Happy Hour with Singer Robert (MP) </p>  | <p>16</p> <p><b>National Banana Day</b></p> <p>10:30  Coffee &amp; Chat with the ED (MP)</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  My RUI App (MP)**</p> <p>11:30  Walking Club (L)**</p> <p>1:00  The History of Jazz (MP)</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Banana Split Social (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p> | <p>17</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Mass at St. Theresa's </p> <p>11:30  Old Tunes with Diana (MP) </p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Italian Art: The Renaissance &amp; Beyond (RUIU)</p> <p>3:00  Cornhole (G)**</p> <p>4:00  You be the Judge (MP)**</p> | <p>18</p> <p><b>National Exercise Day</b></p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Lake Accotink Picnic </p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:00  Putt Putt with Legacy (CY)</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Doodle Art (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p> <p>6:00  Bible Study (MP)</p> | <p>19</p> <p><b>National Garlic Day</b></p> <p>9:30  Wegmans &amp; Errand Run </p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Feet to the Fire Workshop (MP)**</p> <p>2:00  "Dracula" &amp; Garlic Knots (RUIU)</p> <p>3:00  Cardio Training (G)**</p> <p>4:00  Mix &amp; Mingle with Pianist Zenon (MP) </p>                     | <p>20</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Facilitated TED Talk (B)**</p> <p>2:00  Sing Along (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p>  |
| <p>21</p> <p>10:00  Catholic Communion (RUIU)** </p> <p>11:30  Religious Sermon (MT) </p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Tech Time with Indira (MP)**</p> <p>2:30  Garden Party (CY)</p> <p>4:00  Word in a Word (MP)</p>                            | <p>22</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Morning Exercise (G)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Flower Arranging (MP)**</p> <p>3:00  Spring Break Kickoff Mediterranean Themed Passport Social (B)</p> <p>3:30  Trivia &amp; Popcorn (B)</p> <p>4:00  Happy Hour with Troubadour John (MP) </p> | <p>23</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  My RUI App (MP)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Team Member Culture Event (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p>  | <p>24</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Mass at St. Theresa's </p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:30  Rita's Italian Ice </p> <p>3:00  Cornhole (G)**</p> <p>4:00  You be the Judge (MP)**</p>   | <p>25</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Travelogue: Italy (MP)</p> <p>2:30  Taste of RUI: Italy (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p> <p>6:00  Bible Study (MP)</p>  | <p>26</p> <p>9:30  Wegmans &amp; Errand Run </p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Feet to the Fire Workshop (MP)**</p> <p>1:30  Target </p> <p>2:00  Line Dancing (MP)</p> <p>3:00  Cardio Training (G)**</p> <p>3:00  RUI Talks: Travel Stories (RUIU)</p> <p>4:00  April Birthday Social with Pianist Caleb (MP) </p> | <p>27</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Facilitated TED Talk (B)**</p> <p>2:00  Sip &amp; Paint (RUIU) </p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p>  |
| <p>28</p> <p>10:00  Catholic Communion (RUIU)** </p> <p>11:30  Religious Sermon (MT) </p> <p>1:15  Movie Matinee (MT)</p> <p>1:30  Tech Time with Indira (MP)**</p> <p>2:00  New Resident Social with Guitarist Lee (MP) </p> <p>3:30  Word in a Word (MP)</p> | <p>29</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Morning Exercise (G)**</p> <p>12:00  Cherry Blossom Festival Lunch (DR)</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Flower Arranging (MP)**</p> <p>3:00  Trivia &amp; Popcorn (B)</p>  | <p>30</p> <p>10:30  Coffee &amp; Chat with the ED (MP)</p> <p>10:30  Daily Chronicle (L)**</p> <p>11:00  Strength Training (G)**</p> <p>11:30  My RUI App (MP)**</p> <p>11:30  Walking Club (L)**</p> <p>1:15  Movie Matinee (MT)</p> <p>2:00  Uncorked: France (MP)</p> <p>3:00  Ashleigh Aces Volleyball Practice (G)**</p> <p>3:30  Seated Volleyball (G)**</p> <p>4:00  Bingo (MP)</p>  | <p><b>Life Enrichment Reminder</b></p> <p>All life enrichment activities are subject to change based on the needs and desires of our residents. Outdoor programs and outings are weather dependent. Programs run for one hour unless noted. Those with "*" are a half hour.</p>   | <p><b>Movies &amp; TED Talks Daily in Theater</b></p> <p>Ted Talk - 10:00 AM</p> <p>Movie Matinee - 1:15 PM Evening</p> <p>Encore - 6:00 PM (M/W/F)</p> <p><b>Taste of RUI Meal Service</b></p> <p>Breakfast 8 - 10 AM</p> <p>Lunch 12 - 2 PM</p> <p>Dinner 4 - 7 PM</p>  | <p><b>LUXE SPA Service Hours</b></p> <p>Salon - Tuesdays &amp; Thursdays 9 AM - 5 PM</p> <p>Massage Therapy - Wednesdays 9 AM - 5 PM</p> <p>Facials, Skincare, &amp; Nails - Fridays 10 AM - 6 PM</p>  | <p><b>Location Key</b></p> <p>FL- Front Lobby (1st Floor)</p> <p>L - Library (1st Floor)</p> <p>G - Gym (1st Floor)</p> <p>CY - Courtyard (1st Floor)</p> <p>DR - Dining Room (1st Floor)</p> <p>MP - Multipurpose Room (2nd Floor)</p> <p>B - Bistro (2nd Floor)</p> <p>MT - Movie Theatre (3rd Floor)</p> <p>RUIU - RUI Classroom (3rd Floor)</p> <p>P - Pool Room (3rd Floor)</p> <p>Bus Logo - Outing</p> <p>Money Sign - Self Pay</p> |