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BRANDYWINE

MIDLOTHIAN

11210 Robious Road • North Chesterfield, VA 23235 • (804) 905-7300
<https://www.rui.net>

PLEASE JOIN US!

Cherry Blossom Festival

FRIDAY, APRIL 26
3:00 PM - 6:00 PM

Join us in the Dining Area Garden Lounge for live entertainment and a Japanese inspired menu by our talented Taste of RUI team!

Guest Fee: \$25
RSVP to 804.905.7300

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April 2024



As we step into the month of April, we are delighted to see the arrival of warmer weather and blooming flowers! We have some exciting events and festivities planned for the months ahead. In this issue of our monthly newsletter, you will find a special note from our Executive Director, learn about one of our residents and find out when to mark your calendars! Be sure to stay tuned to our Facebook Page.

Save the Date

April 1st April Fools' Day Stand-Up Comedy Show
April 5th Piano Tunes with Joe
April 9th & 23rd RUIU: Spanish for Beginners
April 12th Flute Relaxation with Tom
April 14th National Gardening Day Social
April 18th Big-Hits (Music) with Ty & Nat
April 19th Jazzy Beats by Sam. S
April 22nd "Earth Day" Social/Documentary Hour
April 23rd National Picnic Day Social
April 26th *Cherry Blossom Festival Event*



Letter From Executive Director: Tony Brooks

Hello Brandywine Midlothian Residents, Families, and Guests!

Spring has finally arrived, and I eagerly anticipate the warmer weather and vibrant colors it brings. Thank you to all who attended our Spring Brunch, it was an amazing turnout. I invite you to celebrate the spring season with our Cherry Blossom Festival April 26. This event promises delicious Japanese inspired cuisine and an enchanting ambiance.

There are many updates around the community. I want to begin with a warm welcome to our RUI FIT Coach Logan. We are looking forward to her classes Tuesdays and Thursdays. I also want to extend an invitation to our upcoming RUI University classes such as Lorie Southall's Spanish Classes or if you are a history buff try out Dr. Blankenship's World Historical Examinations!

I look forward to another month as your Executive Director.

Tony Brooks



Resident Spotlight: Mrs. Patti O.

This month, we are thrilled to spotlight Mrs. Patti! Originally from the Bon Air, VA area, Mrs. Patti moved here and has become an integral part of our community. She actively participates in our community's social outings and even hosts her own Game Group, where she welcomes local friends to join in on the fun.

During her upbringing, she lived in Christiansburg, VA, where she held the titles of head cheerleader and Homecoming Queen at her Hometown High School. Her greatest source of pride is her role as a mother to her three children.

Known for her warm heart and infectious smile, Mrs. Patti brightens the days of both staff members and residents alike. She has a special knack for remembering birthdays and ensures that everyone is celebrated with a heartfelt card. We are truly grateful for the joy and positivity that Mrs. Patti brings to our community. Thank you for making Brandywine at Midlothian your home!



Inspiritás: Coast to Coast

Happy April! Join us on the next leg of our annual theme, "Coast to Coast," as we dive into the enchanting landscapes of Yakushima & Okinawa, Japan. Immerse yourself in the rich tapestry of ancient Japanese cultures through purposeful engagement programming. Our exploration will awaken your senses, from the sights of stunning coastlines to the sounds of traditional music, the textures of historic architecture, and the flavors of authentic Japanese cuisine. Let's make memories together, as we bridge the distance from coast to coast, uniting us in the spirit of discovery and cultural appreciation. Arigatou gozaimasu! Check our program calendar to learn more!





April Birthday List:

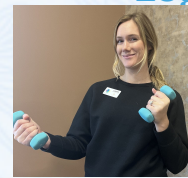
David C. April 1st
 Barbara B. April 3rd
 Eileen F. April 10th
 Anita C. April 15th
 Lynn M. April 21st
 Nancy K. April 29th
 Thomas T. April 30th



Greetings from Legacy Healthcare Services! We are your onsite outpatient therapy provider of physical, occupational and speech therapy. We are excited to present a weekly Technology Class this month. We will also be celebrating Occupational Therapy Month and hosting a Wheelchair & Walker Cleaning Event. Come join us for some educational fun and help to recognize our Occupational Therapists and Assistants!



Meet Your RUI FIT Coach: Logan Polk!



My name is Logan Polk. I'm from Charlotte, North Carolina.

From a very young age I've always enjoyed helping others. It first started when I started volunteering at a therapeutic horse farm. From there I knew working with people and bettering their health and fitness was a passion of mine. It grew even stronger when I began working at campus recreation in undergrad personal training and teaching group fitness classes. I received my undergraduate in exercise science from Wingate University and graduate degree in exercise science from Georgia Southern University where I spent the last few years with my husband before moving to Richmond. I'm very happy to be a part of the RUI fam and am looking forward to helping improve the health, fitness and overall wellbeing of the residents! Health is wealth.

Life Enrichment Corner!



Meet our Brandywine Life Enrichment Director (LED) Nick Williams. He has been in the

Health Care field for 12 years. He started off in the Nursing Department for 7 years and Recreational Therapy field going on 6 years this June 2024. Any Activity/Social or Event ideas, please bring your suggestions to him to see them implemented on future calendars.



Puzzle Connections with our incredible Life Enrichment Assistant Anna!



Fun Lunch Bunch outing to Sushi King!



Antonio Brooks *Executive Director*
Lachele Aaron *Director of Clinical Services*
Faisah Lawton *Assistant Director of Clinical Services*
Shannon Shelton *Community Relations Director*
Scott Hepburn *Executive Chef*
Levi Carrington *Environmental Services Director*
Nick Williams *Life Enrichment Director*

Contact us at 804-905-7300 or find us
online at
<https://www.rui.net/locations/brandywine-midlothian/>

“This Month In History”

APRIL

1860: The first Pony Express rider leaves St. Joseph, Mo.

1908: Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

1932: Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient’s properties and benefits in medicine.

1956: Daytime soap opera “As the World Turns” premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.

1970: Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, “Houston, we’ve had a problem.” Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.

1994: South Africa holds its first multiracial elections, with Nelson Mandela earning 62% of the popular vote to become the country’s first Black president.

2010: Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day.

2021: A rare copy of “Action Comics #1,” featuring the debut of Superman, sells for a record-breaking \$3.25 million.