

## April 2024



INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CA	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PLEASE JOIN US!	, ,	Children's Book Day 2	3	4	5	6
Flaval	<ul> <li>9:30 Daily Chronicle &amp; Current Event Discussion (CC)</li> <li>10:30 Chair Flexibility Class* (RUIU)</li> <li>11:00 Daily Meditation (RUIU)*</li> <li>1:30 Watercolor and film Noir with G Paul Pultro (T)</li> <li>2:30 Jeopardy* (RUIU)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 BINGO! (RUIU)</li> </ul>	<ul> <li>9:30 Daily Chronicle &amp; Current Event Discussion (CC)</li> <li>10:30 Workout with Legacy* (RUIU)</li> <li>11:00 Beautiful- The Carole King Musical (BT)\$</li> <li>11:00 Health Talk with Legacy (RUIU)*</li> <li>1:30 Trivia Tuesday (RUIU)</li> <li>2:30 Book Club (RUIU)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 Happy Hour (CC)</li> </ul>	<ul> <li>9:30 Daily Chronicle &amp; Current Event Discussion (CC)</li> <li>10:30 Chair Fitness with RUI Fit Coach* (RUIU)</li> <li>11:00 Daily Meditation (RUIU)*</li> <li>1:30 Feet to the Fire Writers' Workshop</li> <li>2:30 BINGO! (RUIU)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 Technology Class (RUIU)</li> </ul>	9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Chair Yoga* 11:00 Daily Meditation (RUIU)* <b>1:30 Weekly Shopping Trip (BT)\$</b> 2:30 Dealer's Choice Card Club (CR) 3:00 Movie Matinee (T) 3:30 Game Show Party	<ul> <li>9:30 Daily Chronicle &amp; Current Event Discussion (CC)</li> <li>10:30 Chair Fitness RUI Fit Coach (RUIU)</li> <li>11:00 Daily Meditation (RUIU)*</li> <li>1:30 Craft Club (RUIU)</li> <li>2:30 Kings in the Corner (CR)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 Happy Hour - Mark Aulick (CC)</li> </ul>	9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Chair Aerobics (RUIU)* 11:00 Wii Sports Club (LE) 1:30 Saturday Spanish Practice* (RUIU) 2:00 Poetry Club (LIB) 3:00 Movie Matinee (T) 3:30 Bible Study (RUIU)
National Beer Day       7         9:30       Daily Chronicle & Current Event Discussion (CC)         10:00       Catholic Mass (BT)         12:00       Beer Tasting Lunch (DR)         1:30       April TED Talks: Ancient Roman Influence (RUIU)         2:30       Cornhole Tournament (P)         3:00       Bird Buddy Birders Club* (P)         3:30       Sunday Spanish Practice* (RUIU)	8 9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Chair Flexibility Class* (RUIU) 11:00 Daily Meditation (RUIU)* 1:30 Taste of RUI: Italy (CC) 2:30 Veterans' Club (RUIU) 3:00 Movie Matinee (T) 3:30 BINGO! (RUIU)	9 9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Workout with Legacy* (RUIU) 11:00 Daily Meditation (RUIU)* 1:30 Trivia Tuesday (RUIU) 1:30 Wigert's Bonsai Nursery (BT)\$ 3:00 Movie Matinee (T) 3:30 Happy Hour - April Birthday Celebration (CC)	<ul> <li>10</li> <li>9:30 Daily Chronicle &amp; Current Event Discussion (CC)</li> <li>10:30 Chair Fitness with RUI Fit Coach* (RUIU)</li> <li>11:00 Daily Meditation (RUIU)*</li> <li>1:30 Feet to the Fire Writers' Workshop</li> <li>2:00 Seaside Residents' Council (RUIU)</li> <li>2:30 BINGO! (RUIU)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 Technology Class (RUIU)</li> </ul>	11 9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Chair Yoga* 11:00 Daily Meditation (RUIU)* 1:30 Weekly Shopping Trip (BT)\$ 2:30 Dealer's Choice Card Club (CR) 3:00 Movie Matinee (T) 3:30 Game Show Party	<ul> <li>12</li> <li>9:30 Daily Chronicle &amp; Current Event Discussion (CC)</li> <li>10:30 Chair Fitness RUI Fit Coach (RUIU)</li> <li>11:00 Daily Meditation (RUIU)*</li> <li>1:30 The Seven Wonders of the Ancient World (RUIU)</li> <li>2:30 Kings in the Corner (CR)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 Happy Hour - Anne Grisdale (CC)</li> </ul>	13 9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Chair Aerobics (RUIU)* 11:00 Wii Sports Club (LE) 1:30 Saturday Spanish Practice* (RUIU) 2:00 Poetry Club (LIB) 3:00 Movie Matinee (T) 3:30 Bible Study (RUIU)
9:30 Daily Chronicle & Current Event Discussion (CC) 10:00 Catholic Mass (BT)	Titanic Remembrance Day159:30Daily Chronicle & Current Event Discussion (CC)10:30Chair Flexibility Class* (RUIU)11:00Daily Meditation (RUIU)*1:30Taste of RUI: Italy Learning Lab (CC)2:30Men's Club (RUIU)3:00Movie Matinee - Titanic (T)3:30BINGO! (RUIU)	16 9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Workout with Legacy* (RUIU) 11:00 Daily Meditation (RUIU)* 11:30 First Watch Lunch Outing (BT)\$ 1:30 Trivia Tuesday (RUIU) 2:00 The Jewish Composers of Broadway (RUIU) 3:00 Movie Matinee (T) 3:30 Happy Hour - New Resident Social (CC)	<ul> <li>17</li> <li>9:30 Daily Chronicle &amp; Current Event Discussion (CC)</li> <li>10:30 Chair Fitness with RUI Fit Coach* (RUIU)</li> <li>11:00 Daily Meditation (RUIU)*</li> <li>1:30 Feet to the Fire Writers' Workshop</li> <li>2:30 BINGO! (RUIU)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 Technology Class (RUIU)</li> </ul>	18 9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Chair Yoga* 11:00 Daily Meditation (RUIU)* 1:30 Weekly Shopping Trip (BT)\$ 2:00 Coffee and Chat with Slade (CC) 2:30 Dealer's Choice Card Club (CR) 3:00 Movie Matinee (T) 3:30 Game Show Party	<ul> <li>19</li> <li>9:30 Daily Chronicle &amp; Current Event Discussion (CC)</li> <li>10:30 Chair Fitness RUI Fit Coach (RUIU)</li> <li>11:00 Daily Meditation (RUIU)*</li> <li>1:30 Craft Club (RUIU)</li> <li>2:30 Kings in the Corner (CR)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 Happy Hour - Frank Virelli (CC)</li> </ul>	20 9:30 Daily Chronicle & Current Event Discussion (CC) 10:00 Chair Aerobics (RUIU)* 10:30 V&N Nail Spa (BT)\$ 1:30 Saturday Spanish Practice* (RUIU) 2:00 Poetry Club (LIB) 3:00 Movie Matinee (T) 3:30 Bible Study (RUIU)
9:30 Daily Chronicle & Current Event Discussion (CC) <b>10:00 Catholic Mass (BT)</b> <i>1:30 April TED Talks: Ancient</i> <i>Roman Influence (RUIU)</i> 2:30 Cornhole Tournament (P) 3:00 Bird Buddy Birders Club* (P) 3:30 Sunday Spanish Practice* (RUIU) 28 9:30 Daily Chronicle & Current Event Discussion (CC)	Earth Day 22 9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Chair Flexibility Class* (RUIU) 11:00 Daily Meditation (RUIU)* 1:30 Uncorked: France (RUIU) 2:30 Jeopardy* (RUIU) 3:00 Movie Matinee (T) 3:30 Floral Fête Tea Party (CC) 29 9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Chair Flexibility Class* (RUIU)	Discussion (CC) 10:30 Workout with Legacy* (RUIU) 11:00 Daily Meditation (RUIU)* 11:30 Salty Papa's Lunch Outing (BT)\$ 1:30 Trivia Tuesday (RUIU) 2:30 Bonsai Potting Class (P) 3:00 Movie Matinee (T) 3:30 Happy Hour (CC) International Jazz Day 30 9:30 Daily Chronicle & Current Event Discussion (CC) 10:00 Bailey-Mathews National Shell	(RUIU) 11:00 Daily Meditation (RUIU)* 1:30 Feet to the Fire Writers' Workshop 2:30 BINGO! (RUIU) 3:00 Movie Matinee (T) 3:30 Technology Class (RUIU) In honor of Earth Day, we invite you to explore the fun and fascinating world of	Event Discussion (CC) 10:30 Chair Yoga* 11:00 Daily Meditation (RUIU)* <b>1:30 Weekly Shopping Trip (BT)\$</b> 2:30 Dealer's Choice Card Club (CR) 3:00 Movie Matinee (T) 3:30 Game Show Party	26 9:30 Daily Chronicle & Current Event Discussion (CC) 10:30 Chair Fitness RUI Fit Coach (RUIU) 11:00 Daily Meditation (RUIU)* 1:30 Watercolor 101 with G. Paul Pultro (RUIU) 2:30 Kings in the Corner (CR) 3:00 Movie Matinee (T) 3:30 Happy Hour - Flashdance (CC) Daily Activities 9:00–5:00- Open Gym (RUIF) 10:00- Selected TED Talks (T)	<ul> <li>9:30 Daily Chronicle &amp; Current Event Discussion (CC)</li> <li>10:30 Chair Aerobics (RUIU)*</li> <li>11:00 Wii Sports Club (LE)</li> <li>1:30 Saturday Spanish Practice* (RUIU)</li> <li>2:00 Poetry Club (LIB)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 Bible Study (RUIU)</li> </ul> Location Key BT- Bus Trip (meet in lobby) CC- Coconut Club CR- Card Room
	<ul> <li>11:00 Daily Meditation (RUIU)*</li> <li>1:30 Watercolor 101 and Film Noir with G. Paul Pultro (RUIU)</li> <li>2:30 Jeopardy* (RUIU)</li> <li>3:00 Movie Matinee (T)</li> <li>3:30 BINGO! (RUIU)</li> </ul>	Museum (BT)\$         10:30       Workout with Legacy* (RUIU)         11:00       Daily Meditation (RUIU)*         1:30       Trivia Tuesday (RUIU)         2:00       "A Pirate's Life for Me": Music and Songs of Maritime (RUIU)         3:00       Movie Matinee (T)         3:30       Jazz Happy Hour (CC)	edible flowers. Join us for this special event, where we will taste our way through a flower powered tea party! RSVP by April 15 to 239.349.3769	the residents. Outdoor programs and outings are weather dependent. Programs run for an hour unless otherwise noted; 30-minute programs will be marked with an asterisk (*).	(T) 3:00 & 7:00- Daily Movie (T) <b>Dining Room Hours</b> Breakfast- 8:00–9:30 AM Lunch- 12:00–1:30 PM Dinner- 4:30–6:30 PM	LE- Life Enrichment Room LIB- Library P- Patio RUIF- RUI Fit Center RUIU- RUI University Classroom T- Theatre

Assisted Living / Independent Living

Creative Intellectual



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