

April 2024

RUI University Games Outing
Brain Games Outdoor Program Kitchen Fixin
Current Events Social RUI FIT
Entertainment Spiritual \$ Self-Funded
Exercise Art/Craft

BARRING I ON AT HIOAKS <sup>TM</sup> Independent Living, assisted Living, and memory care					Exercise Spiritual Art/Craft	→ Seil-Funded → Music
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
O pril	1 10:30 TED Talk: Ancient Roman Influence (MT)* 11:00 Jammin' with Jillson (RUI-FIT Gym)* 11:00 Lunch Bunch: The Daily (O)\$ 1:30 Monday Afternoon Bingo! (3FR) 1:30 Movie Matinee (MT) 3:30 1st Floor Neighbors Block Party (P) 6:30 Evening Movie Encore (MT)	8:30 Open Gym (RIII-FIT Gym)	National Walking Day  10:30 Morning Music and Relaxation (L)*  10:30 Out on the Town: Walking at Byrd Park (O)  11:00 Sit and Be Fit (RUI FIT Gym)*  1:30 Movie Matinee (MT)  1:30 Shopping Trip: Walmart (O)\$  2:00 Regenerative Farming 101 with Conner Parrish (RUIU)  4:00 Wine Down Wednesday (CS)  6:30 Evening Movie Encore (MT)	48:30 Open Gym (RUI-FIT Gym) 10:30 Coffee with the ED (MR)* 11:30 Chair One Energize with Coach Kay (RUI-FIT Gym)* 11:30 National Burrito & Chicken Cordon Bleu Day Lunch! (MR) 1:30 Movie Matinee (MT) 1:30 Thursday Afternoon Bingo! (3FR) 3:00 Cardio Drumming with Coach Kay (RUI-FIT Gym)* 3:30 Library Committee Appreciation Celebration (4CR) 6:30 Evening Movie Encore (MT)	10:30 Daily Chronicles Discussion (CS)* 11:00 Exercise with Legacy (RUI FIT Gym)* 11:00 Honoring Stories Writing Group with Jennifer Jurlando (4CR) 1:30 Movie Matinee (MT) 1:30 MYRUI App & Technology Class (4CR) 3:00 New Resident Meet & Greet & Chocolate Mousse (3FR) 6:30 Evening Movie Encore (MT)	10:00 Saturday Morning Coffee, Conversations, & Relaxation (L/CS)  11:00 Sit & Be Fit (RUI FIT Gym)*  1:30 Movie Matinee (MT)  1:30 Saturday Afternoon Bingo! (3f 3:30 Feet to the Fire Writer's Workshop (4CR)  6:30 Evening Movie Encore (MT)  6:30 Resident-Led Canasta (CR)
7 00 Catholic Communion Service (3FR)* 30 Virtual Catholic Service (3FR)* 30 The Barrington at Hioaks' Sunday Brunch! (MR) 30 Movie Matinee (MT) 00 Words of Faith with Pastor Edwards & Universal Church (MR) 30 Random April Trivia (RUIU) 30 Evening Movie Encore (MT)	March Madness Championship 8  10:30 Monday Morning Brain Game (L)*  11:00 Sit & Be Fit (RUI FIT Gym)*  11:30 Ladies' Lunch: NY Strip Steakhouse (O)\$  1:30 Monday Afternoon Bingo! (3FR)  1:30 Movie Matinee (MT)  3:30 2nd Floor Neighbors Block Party (P)  6:30 Evening Movie Encore (MT)	10:30 Morning Coffee & Positive News Discussion (CS)  11:30 Cardio Drumming with Coach Kay (RUI-FIT Gym)*  1:30 Movie Matinee (MT)  1:30 Tuesday Afternoon Bingo! (3FR)  3:00 Beach Ball Volleyball (RUI-FIT Gym)*  3:30 "Taste the Rainbow" Social (CS)  6:30 Evening Movie Encore (MT)	10:30 Morning Music and Relaxation (L)* 10:30 Out on the Town: Cross Creek Nursery (O)\$ 11:00 Sit and Be Fit (RUI FIT Gym)* 1:30 Movie Matinee (MT) 1:30 Shopping Trip: Krogers (O)\$ 2:00 Cherry Blossom Themed Painting (RUIU) 4:00 Wine Down Wednesday (CS) 6:30 Evening Movie Encore (MT)	National Pet Day  8:30 Open Gym (RUI-FIT Gym)  10:30 Coffee with Nursing (CS)*  11:00 Morning Pet Social & Photoshoot (P)  11:30 Chair One Energize with Coach Kay (RUI-FIT Gym)*  1:30 Movie Matinee (MT)  2:00 Resident Association Meeting (MR)  3:00 Cardio Drumming with Coach Kay (RUI-FIT Gym)*  3:30 Sing-a-long with Tammy & Friends (MR)  5:45 Sing-a-long with Tammy & Friends (MR)  6:30 Evening Movie Encore (MT)	12 10:15 Flower Arranging (RUIU) 11:00 Exercise with Legacy (RUI FIT Gym)* 1:30 Movie Matinee (MT) 1:30 MYRUI App & Technology Class (4CR) 3:00 Toast to Friday Social! (3FR) 6:30 Evening Movie Encore (MT)	10:00 Saturday Morning Coffee, Conversations, & Relaxation (L/CS)  11:00 Sit & Be Fit (RUI FIT Gym)*  11:30 Japanese Cherry Blossom Festivity (MR)  1:30 Movie Matinee (MT)  2:30 Bingo (3FR)  6:30 Evening Movie Encore (MT)  6:30 Resident-Led Canasta (CR)
14 00 Catholic Communion Service (3FR)* 30 Virtual Catholic Service (3FR)* 30 The Barrington at Hioaks' Sunday Brunch! (MR) 30 Movie Matinee (MT) 00 Out on the Town: UR Schola Cantorum and Women's Choral (O) 30 Evening Movie Encore (MT)	10:30 Monday Morning Brain Game (L)* 11:00 Jammin' with Jillson (RUI-FIT Gym)* 11:00 Rosie's Casino (O)\$ 1:30 Monday Afternoon Bingo! (3FR) 1:30 Movie Matinee (MT) 2:45 Out on the Town: Library Trip (O) 3:30 3rd Floor Neighbors Block Party (P) 6:30 Evening Movie Encore (MT)	10:30 Morning Coffee & Positive News	17 10:30 Morning Music and Relaxation (L)* 10:30 Out on the Town: VMFA (O) 11:00 Sit and Be Fit (RUI FIT Gym)* 1:30 Movie Matinee (MT) 1:30 Shopping Trip: Food Lion (O)\$ 1:30 Wellness Social with Legacy (4th Legacy) 3:00 Wine Down Wednesday with Me & Martha Musical Duo (MR)  6:30 Evening Movie Encore (MT) 6:30 Resident Led Book Club (4CR)	8:30 Open Gym (RUI-FIT Gym) 10:30 Coffee with Culinary (CS)* 11:30 Stronger You with Coach Kay (RUI-FIT Gym)* 1:30 Movie Matinee (MT) 1:30 Thursday Afternoon Bingo! (3FR) 3:00 Cardio Drumming with Coach Kay (RUI-FIT Gym)* 3:30 Shuffleboard (4FR) 6:30 Evening Movie Encore (MT)	19 10:00 Friday Morning Fruit Smoothies (CS) 11:00 Exercise with Legacy (RUI FIT Gym)* 11:00 Honoring Stories Writing Group with Jennifer Jurlando (4CR) 1:30 Movie Matinee (MT) 1:30 MYRUI App & Technology Class (4CR) 3:00 April Birthday Social with J. Tucker (MR) ♪ 6:30 Evening Movie Encore (MT)	10:00 Saturday Morning Coffee, Conversations, & Relaxation (L/CS)  11:00 Sit & Be Fit (RUI FIT Gym)*  1:30 Movie Matinee (MT)  1:30 Saturday Afternoon Bingo! (3  3:30 Feet to the Fire Writer's Workshop (4CR)  6:30 Evening Movie Encore (MT)  6:30 Resident-Led Canasta (CR)
	Earth Day/Spring Break Week 22 Begins  10:30 Monday Morning Brain Game (L)*  11:00 Out on the Town: Picnic Lunch at Crump Park (O)  11:00 Sit & Be Fit (RUI FIT Gym)*  1:30 Monday Afternoon Bingo! (3FR)  1:30 Movie Matinee (MT)  3:30 Bon Voyage Spring Break Kickoff: Mediterranean Themed Passport Social! (3FR)  6:30 Evening Movie Encore (MT)	8:30 Open Gym (RUI-FIT Gym)	First Stop to France  10:30 Morning Music and Relaxation (L)*  11:00 Lunch Bunch: Les Crepes (O) s  11:00 Sit and Be Fit (RUI FIT Gym)*  1:30 Movie Matinee (MT)  1:30 The History of the Eiffel Tower Documentary (MT)  3:00 Resident Welcoming Committee Meeting (RUIU)  4:00 Pet Visit with Dana & Bailey the Dog (L)  4:00 Uncorked: Wine from France (CS)  6:30 Evening Movie Encore (MT)	8:30 Open Gym (RUI-FIT Gym) 10:30 Coffee with Life Enrichment (CS)* 11:30 Stronger You with Coach Kay (RUI-FIT Gym)* 1:30 Movie Matinee (MT) 2:30 Taste of RUI: Italy (MR) 3:00 Cardio Drumming with Coach Kay (RUI-FIT Gym)* 3:30 Thursday Afternoon Bingo! (3FR) 6:30 Evening Movie Encore (MT)	10:00 Navigating the News with Pam Benson (MT)  11:00 Conversations about end of life-Legacy Building with Jennifer Jurlando (4CR)  11:00 Exercise with Legacy (RUI FIT Gym)*  1:00 MYRUI App & Technology Class (4CR)  1:30 Movie Matinee (MT)  1:30 Poe's Last Poem Part 2 (RUIU)  3:30 RUITalks: Travel Stories Event (3FR)  6:30 Evening Movie Encore (MT)	Third & Final Stop to Greece  10:00 Saturday Morning Coffee,
28 00 Catholic Communion Service (3FR)* 30 Virtual Catholic Service (3FR)* 30 The Barrington at Hioaks' Sunday Brunch! (MR) 30 Nondenominational Sunday Communion (MT) 30 Movie Matinee (MT) 15 Creative Corner: Making KY Derby Hats (RUIU) 30 Evening Movie Encore (MT)	10:30 Monday Morning Brain Game (L)* 11:00 Sit & Be Fit (RUI FIT Gym)* 11:30 Veteran's Group Luncheon (P) 1:30 Monday Afternoon Bingo! (3FR) 1:30 Movie Matinee (MT) 3:30 4th Floor Neighbors Block Party (P) 6:30 Evening Movie Encore (MT)	8:30 Open Gym (RUI-FIT Gym) 10:30 Morning Coffee & Positive News Discussion (CS) 11:30 Cardio Drumming with Coach Kay (RUI-FIT Gym)* 1:30 Movie Matinee (MT) 1:30 Tuesday Afternoon Bingo! (3FR) 3:00 Health Talk: Memory Retention Exercises with Coach Kay (RUIU) 3:30 End of April Ice Cream Sundae Socia!! (CS) 6:30 Evening Movie Encore (MT)	Please note that all life enrichment programs are subject to change based on the needs and desires of the residents. Outdoor programs and outings are weather dependent. Programs run for one hour or longer unless otherwise noted. Those with an "*" are a half hour.	Location Key RUIFIT: RUI Fit Gym CR: Card Room (4th Floor) MR: Magnolia/Dining Room MT: Movie Theater (4th Floor) P: Pavilion (1st Floor Outdoors) RUIU: RUI University Classroom (2nd Floor) 3FR: Family Room (3rd Floor) O: Outing CS: Coffee Shop	Open Gym Hours Tuesdays & Thursdays 8:30 AM–9:30 AM Movies & TED Talks Daily in Theater TED Talk - 10:00 AM Movie Matinee 1:30 PM, 2:30 PM or 3:00 PM (Depending on Day) Evening Encore - 6:30 PM Every Day	Cherry Blosson Festivity SATURDAY, April 13 11:30 AM - 1:30 PM