

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Evening Garden Party</b></p> <p><b>TUESDAY, APRIL 30</b></p> <p><b>4:00 PM - 6:30 PM</b></p>	<p>1</p> <p>10:00  March Daily Chronicles (LEC)</p> <p>10:30  Coffee &amp; Chat with Brittany (LEC)</p> <p>11:15  RUI Fit: Chair Pilates (LEC)</p> <p>11:30  My RUI App &amp; Tech Training (LEC)</p> <p>1:30  Resident Book Club (LEC)</p> <p>2:00  Chair One (LEC)</p> <p>2:30  Cornhole (LEC)</p> <p>3:00  BINGO (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>2</p> <p>10:30  Brain Fitness with Legacy (LEC)</p> <p>11:00  Lunch Bunch: Red Lobster (O)\$</p> <p>11:00  Stretch &amp; Move (LEC)</p> <p>1:30  Open Gym (F)</p> <p>2:00  The Life of Mark Twain (LEC)</p> <p>3:00  Music with Mr. Jim (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>3</p> <p>10:00  Morning Mind Benders &amp; Coffee (LEC)</p> <p>11:00  Chair Fitness with Legacy (LEC)</p> <p>1:00  Feet to the Fire Writers' Workshop (LEC)</p> <p>1:30  New Resident Mix &amp; Mingle (LEC)</p> <p>2:00  Crafting Hour (LEC)</p> <p>3:00  BINGO (LEC)</p> <p>5:00  Resident-Led Group: Prayer Circle &amp; Bible Study (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>4</p> <p>10:00  March Daily Chronicles (LEC)</p> <p>10:30  Shopping Trip: Food Lion (O)\$</p> <p>11:00  Cardio Drumming (LEC)</p> <p>1:30  Strength &amp; Balance (LEC)</p> <p>2:00  Resident Council (LEC)</p> <p>3:00  Chair One Fitness (LEC)</p> <p>4:00  Meditation Hour (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>5</p> <p>10:00  Morning Trivia &amp; Coffee (LEC)</p> <p>11:00  Crafting Corner: Jumbo Butterflies (LEC)</p> <p>1:30  Walking Club in the Courtyard (CY)</p> <p>2:00  April Birthday Party (LEC)</p> <p>3:00  Friday Bingo! (LEC)</p> <p>4:00  CNU Student Piano Playing (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>6</p> <p>10:00  Morning Cranium Crunches (LEC)</p> <p>11:00  Saturday Morning Bingo! (LEC)</p> <p>1:00  Men's Group (LEC)</p> <p>2:00  Spring Fling Social Hour (LEC)</p> <p>3:00  Hidenwood Concert Series Featuring Live Entertainment </p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>
<p>7</p> <p>11:00  Sing Along with Missey (LEC)</p> <p>11:00  Sunday Morning BINGO! (LEC)</p> <p>2:00  Worship with Emmanuel Baptist Church (SR)</p> <p>3:00  TED Talk: Ancient Roman Influence (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>8</p> <p><b>RUI University Spring Break</b></p> <p>10:00  March Daily Chronicles (LEC)</p> <p>10:30  Coffee &amp; Chat with Brittany (LEC)</p> <p>11:15  RUI Fit: Chair Pilates (LEC)</p> <p>11:30  My RUI App &amp; Tech Training (LEC)</p> <p>1:30  Chair One (LEC)</p> <p>2:00  Bon Voyage Spring Break Kickoff Passport Social (LEC)</p> <p>2:30  Open Gym (F)</p> <p>3:00  BINGO (LEC)</p> <p>5:30  Resident-Led Nightly Game Time (LEC)</p> <p>6:30  March Madness Championship Game Watch Party (MT)</p>	<p>9</p> <p>10:00  Guided Bus Tour: Newport News Art &amp; Sculptures (O)</p> <p>10:30  Brain Fitness with Legacy (LEC)</p> <p>11:00  Stretch &amp; Move (LEC)</p> <p>1:00  Open Gym (F)</p> <p>1:30  Art with Emily: The Art Movements of Art Deco and Art Nouveau (LEC)</p> <p>3:00  Music with Mr. Jim (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>10</p> <p>10:00  Morning Mind Benders &amp; Coffee (LEC)</p> <p>11:00  Chair Fitness with Legacy (LEC)</p> <p>1:00  Feet to the Fire Writers' Workshop (LEC)</p> <p>2:00  Mediterranean Taste &amp; Tour (LEC)</p> <p>3:00  BINGO (LEC)</p> <p>5:00  Resident-Led Group: Prayer Circle &amp; Bible Study (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>11</p> <p>10:00  March Daily Chronicles (LEC)</p> <p>10:30  Shopping Trip: Dollar Tree (O)\$</p> <p>11:00  Cardio Drumming (LEC)</p> <p>2:00  Greek Olympic Games (LEC)</p> <p>3:00  Chair Volleyball (LEC)</p> <p>4:00  Meditation Hour (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>12</p> <p>10:00  Morning Trivia &amp; Coffee (LEC)</p> <p>11:00  Crafting Corner: Ladybug Stones (LEC)</p> <p>1:30  RUI Talks: Resident Travel Stories (LEC)</p> <p>2:00  Walking Club in the Courtyard (CY)</p> <p>3:00  Friday Bingo! (LEC)</p> <p>4:00  CNU Student Piano Playing (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>13</p> <p>10:00  Morning Cranium Crunches (LEC)</p> <p>11:00  Saturday Morning Bingo! (LEC)</p> <p>1:00  Men's Group (LEC)</p> <p>2:00  Spring Fling Social Hour (LEC)</p> <p>3:00  Hidenwood Concert Series Featuring Live Entertainment </p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>
<p>14</p> <p>11:00  Sing Along with Missey (LEC)</p> <p>11:00  Sunday Morning BINGO! (LEC)</p> <p>2:00  Worship with Emmanuel Baptist Church (SR)</p> <p>3:00  TED Talk: Ancient Roman Influence (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>15</p> <p><b>Titanic Remembrance Day</b></p> <p>10:00  March Daily Chronicles (LEC)</p> <p>10:30  Coffee &amp; Chat with Brittany (LEC)</p> <p>11:15  RUI Fit: Chair Pilates (LEC)</p> <p>11:30  My RUI App &amp; Tech Training (LEC)</p> <p>2:00  Chair One (LEC)</p> <p>2:30  Open Gym (F)</p> <p>3:00  BINGO (LEC)</p> <p>5:30  Evening Matinee: Titanic (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>16</p> <p>10:30  Brain Fitness with Legacy (LEC)</p> <p>11:00  Lunch Bunch: Crab Shack (O)\$</p> <p>11:00  Stretch &amp; Move (LEC)</p> <p>1:00  Open Gym (F)</p> <p>1:30  Titanic (LEC)</p> <p>3:00  Music with Mr. Jim (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>17</p> <p>10:00  Morning Mind Benders &amp; Coffee (LEC)</p> <p>11:00  Chair Fitness with Legacy (LEC)</p> <p>1:00  Feet to the Fire Writers' Workshop (LEC)</p> <p>1:30  Pet Therapy with Kieman (LEC) </p> <p>2:00  Crafting Hour (LEC)</p> <p>3:00  BINGO (LEC)</p> <p>5:00  Resident-Led Group: Prayer Circle &amp; Bible Study (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>18</p> <p>10:00  March Daily Chronicles (LEC)</p> <p>10:30  Shopping Trip: Walgreens (O)\$</p> <p>11:00  Cardio Drumming (LEC)</p> <p>1:30  Strength &amp; Balance (LEC)</p> <p>2:00  Taste of RUI: Resident Food Council (LEC)</p> <p>2:30  Chair Basketball (LEC)</p> <p>3:00  Chair One Fitness (LEC)</p> <p>3:30  Meditation Hour (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>19</p> <p>10:00  Morning Trivia &amp; Coffee (LEC)</p> <p>11:00  Crafting Corner: Fairy Gardens (LEC)</p> <p>1:30  Legacy Presentation: Wheelchair &amp; Walker Cleaning (LEC)</p> <p>3:00  Friday Bingo! (LEC)</p> <p>4:00  CNU Student Piano Playing (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>20</p> <p>10:00  Morning Cranium Crunches (LEC)</p> <p>11:00  Saturday Morning Bingo! (LEC)</p> <p>1:00  Men's Group (LEC)</p> <p>2:00  Spring Fling Social Hour (LEC)</p> <p>3:00  Hidenwood Concert Series Featuring Live Entertainment </p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>
<p>21</p> <p>11:00  Sing Along with Missey (LEC)</p> <p>11:00  Sunday Morning BINGO! (LEC)</p> <p>2:00  Worship with Emmanuel Baptist Church (SR)</p> <p>3:00  TED Talk: Ancient Roman Influence (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>22</p> <p><b>Earth Day</b></p> <p>10:00  March Daily Chronicles (LEC)</p> <p>10:30  Coffee &amp; Chat with Brittany (LEC)</p> <p>11:15  RUI Fit: Chair Pilates (LEC)</p> <p>11:30  My RUI App &amp; Tech Training (LEC)</p> <p>1:00  Gardening Club (CY)</p> <p>2:00  Chair One (LEC)</p> <p>2:30  Open Gym (F)</p> <p>3:00  BINGO (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>23</p> <p>10:30  Brain Fitness with Legacy (LEC)</p> <p>11:00  Lunch Bunch: Texas Roadhouse (O)\$</p> <p>11:00  Stretch &amp; Move (LEC)</p> <p>1:00  Open Gym (F)</p> <p>1:30  Art with Emily (LEC)</p> <p>3:00  Music with Mr. Jim (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>24</p> <p>10:00  Hampton Roads 101: Gloucester County, Fort Monroe, Lafayette, and Beyond (LEC)</p> <p>11:00  Chair Fitness with Legacy (LEC)</p> <p>1:00  Feet to the Fire Writers' Workshop (LEC)</p> <p>1:30  Gaming Club: Jeopardy (LEC)</p> <p>2:00  Taste of RUI: Uncorked: France (LEC)</p> <p>3:00  BINGO (LEC)</p> <p>5:00  Resident-Led Group: Prayer Circle &amp; Bible Study (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>25</p> <p>10:00  March Daily Chronicles (LEC)</p> <p>10:30  Shopping Trip: Harris Teeter (O)\$</p> <p>11:00  Cardio Drumming (LEC)</p> <p>1:30  Strength &amp; Balance (LEC)</p> <p>2:00  Taste of RUI: Italy (LEC)</p> <p>3:00  RUI Fit Health Talk: H2...O Really? (LEC)</p> <p>3:30  Meditation Hour (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>26</p> <p>10:00  Morning Trivia &amp; Coffee (LEC)</p> <p>11:00  Crafting Corner: Spring Flower Wreaths (LEC)</p> <p>1:30  Walking Club in the Courtyard (CY)</p> <p>2:00  Gaming Club: Wheel of Fortune (LEC)</p> <p>3:00  Friday Bingo! (LEC)</p> <p>4:00  CNU Student Piano Playing (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>27</p> <p>10:00  Morning Cranium Crunches (LEC)</p> <p>11:00  Saturday Morning Bingo! (LEC)</p> <p>1:00  Men's Group (LEC)</p> <p>2:00  Spring Fling Social Hour (LEC)</p> <p>3:00  Hidenwood Concert Series Featuring Live Entertainment </p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>
<p>28</p> <p>11:00  Sing Along with Missey (LEC)</p> <p>11:00  Sunday Morning BINGO! (LEC)</p> <p>2:00  Worship with Emmanuel Baptist Church (SR)</p> <p>3:00  TED Talk: Ancient Roman Influence (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>29</p> <p>10:00  March Daily Chronicles (LEC)</p> <p>10:30  Coffee &amp; Chat with Brittany (LEC)</p> <p>11:15  RUI Fit: Chair Pilates (LEC)</p> <p>11:30  My RUI App &amp; Tech Training (LEC)</p> <p>2:00  Chair One (LEC)</p> <p>2:30  Open Gym (F)</p> <p>3:00  BINGO (LEC)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>30</p> <p>10:30  Brain Fitness with Legacy (LEC)</p> <p>11:00  Lunch Bunch: Cheddar's (O)\$</p> <p>11:00  Stretch &amp; Move (LEC)</p> <p>1:00  Open Gym (F)</p> <p>1:30  Crafting Hour (LEC)</p> <p>3:00  Flower Arranging 101 (LEC)</p> <p>3:00  Music with Mr. Jim (SR)</p> <p>4:00  Evening Garden Party with Entertainment by Karen Stowe (SR)</p> <p>5:30  Evening Matinee (MT)</p> <p>6:30  Resident-Led Nightly Game Time (LEC)</p>	<p>Please note that all life enrichment programs are subject to change based on the needs and desires of the residents. Outdoor programs and outings are weather dependent. Programs run for one hour or longer unless otherwise noted. Those with an "****" are half an hour.</p>	<p><b>Location Key</b></p> <p>CY - Courtyard F - Fitness Room (4th Floor) GR - Game Room L - Lobby LB - Library LEC - Life Enrichment Center MT - Movie Theatre O - Outing SR - Sunroom P - Parking Lot</p>	<p><b>Taste of RUI Dining Times:</b> Breakfast: 8:00am-10:00am Lunch: 12:00pm-2:00pm Dinner: 4:00pm-6:00pm</p> <p><b>LUXE Unlimited Spa &amp; Salon Times:</b> Spa: Monday: 9:00am-5:00pm Salon: Monday: 9:00am-3:00pm Wednesday: 9:00am-3:00pm Thursday: 9:00am-3:00pm All services are by appointment only.</p>	