



April 2024

- Social/Celebration/Connection
- Cognitive/Sensory Learning
- Creativity/Music/Culinary/Arts
- Outdoors/Nature/Gardening
- RUI Fit/Physical Fitness
- RUI Uni./Lifelong Learning
- Spirituality/Mental Well-being
- Taste of RUI
- Outing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>TUESDAY, APRIL 23</b> <b>3:00 PM - 4:00 PM</b> <b>AUDITORIUM</b></p>	1	2	3	4	5	6	
	10:00 <span style="color: blue;">■</span> Gentle Stretching (SR) 10:30 <span style="color: orange;">■</span> Jenga (DR) 11:00 <span style="color: lightgreen;">■</span> Morning Walks (C) 2:00 <span style="color: blue;">■</span> Chair One (SR) <b>3:00 <span style="color: red;">■</span> Monday Mix &amp; Mingle (DR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: blue;">■</span> Morning Stretch Workout (SR) 10:30 <span style="color: darkpurple;">■</span> Hand Massages & Aromatherapy (SR) 11:00 <span style="color: lightgreen;">■</span> Bird Watching (C) 2:00 <span style="color: blue;">■</span> Balance and Mobility (SR) <b>3:00 <span style="color: orange;">■</span> Natural Wonders &amp; Mysteries (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: blue;">■</span> Noodle Ball (SR) <b>10:30 <span style="color: red;">■</span> Wellness Wednesday Bingo (DR)</b> 11:30 <span style="color: orange;">■</span> Conversation Cards (DR) 2:00 <span style="color: blue;">■</span> Seated HIIT Class (SR) <b>3:00 <span style="color: darkpurple;">■</span> Wine Down Wednesday (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkpurple;">■</span> Morning Devotionals (SR)* 10:30 <span style="color: darkblue;">■</span> Eversound: Trivia (SR) 11:00 <span style="color: orange;">■</span> Table Top Games (SR) 2:00 <span style="color: blue;">■</span> RUI FIT/Legacy (SR) <b>3:00 <span style="color: darkpurple;">■</span> Afternoon with Mark Twain (SR)</b> <b>3:30 <span style="color: red;">■</span> Men's Group: Vintage Cars (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkblue;">■</span> TED Talks- Ancient Roman Influence (SR)* 10:30 <span style="color: blue;">■</span> Balloon Volleyball (SR)* 2:00 <span style="color: blue;">■</span> Strength Training (SR) <b>2:30 <span style="color: red;">■</span> Springtime Tea in Paris Social (DR)</b> 4:00 <span style="color: lightgreen;">■</span> Outdoor Relaxation (C) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkpurple;">■</span> Morning Motivation (SR)* 10:30 <span style="color: blue;">■</span> Seated Stretching (SR) 11:00 <span style="color: lightgreen;">■</span> Morning Walks (C) 2:00 <span style="color: red;">■</span> Bingo (DR) 3:00 <span style="color: purple;">■</span> Color Me Calm (DR) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	
<b>World Health Day</b> 7	8	9	10	11	12	13	
10:30 <span style="color: darkpurple;">■</span> Virtual Church Service (SR) 11:00 <span style="color: blue;">■</span> Seated Dance Workout (SR) 2:00 <span style="color: orange;">■</span> Dealer's Choice (DR) 3:00 <span style="color: lightgreen;">■</span> Afternoon Stroll (C) 6:00 <span style="color: blue;">■</span> Evening Stretch (SR)	10:00 <span style="color: blue;">■</span> Gentle Stretching (SR) 10:30 <span style="color: orange;">■</span> Jenga (DR) 11:00 <span style="color: lightgreen;">■</span> Morning Walks (C) <b>1:00 <span style="color: red;">■</span> Dave Binanay Performance (DR)</b> 2:00 <span style="color: blue;">■</span> March Madness Fitness (SR) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: blue;">■</span> Dance Workout (SR) 10:30 <span style="color: darkpurple;">■</span> Hand Massages & Aromatherapy (SR) 11:00 <span style="color: lightgreen;">■</span> Bird Watching (C) 2:00 <span style="color: blue;">■</span> Pilates(SR) 3:00 <span style="color: orange;">■</span> Fill in the phase (SR) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: blue;">■</span> Noodle Ball (SR) <b>10:30 <span style="color: red;">■</span> Wellness Wednesday Bingo (DR)</b> 11:30 <span style="color: orange;">■</span> Conversation Cards (DR) 2:00 <span style="color: blue;">■</span> Seated HIIT Class (SR) <b>3:00 <span style="color: darkpurple;">■</span> Wine Down Wednesday (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkpurple;">■</span> Morning Devotionals (SR)* 10:30 <span style="color: darkblue;">■</span> Eversound: Trivia (SR) 11:00 <span style="color: orange;">■</span> Table Top Games (SR) <b>2:00 Imperial Centre for the Arts &amp; Sciences</b> 2:00 <span style="color: blue;">■</span> RUI FIT/ Legacy (SR) <b>3:30 <span style="color: red;">■</span> Men's Group: War of 1812 (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkblue;">■</span> TED Talks- Ancient Roman Influence (SR)* 10:30 <span style="color: blue;">■</span> Balloon Volleyball (SR)* 11:00 <span style="color: orange;">■</span> Random Trivia (SR) 2:00 <span style="color: blue;">■</span> Strength Training (SR) <b>2:30 <span style="color: red;">■</span> Welcome to the Neighborhood New Resident Social</b> 4:00 <span style="color: lightgreen;">■</span> Outdoor Relaxation (C) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkpurple;">■</span> Morning Motivation (SR)* 10:30 <span style="color: blue;">■</span> Seated Stretching (SR) 11:00 <span style="color: lightgreen;">■</span> Morning Walks (C) 2:00 <span style="color: red;">■</span> Bingo (DR) 3:00 <span style="color: purple;">■</span> Color Me Calm (DR) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	
<b>National Park Week</b> 14	<b>World Art Day</b> 15	16	17	18	19	20	
10:30 <span style="color: darkpurple;">■</span> Virtual Church Service (SR) 11:00 <span style="color: blue;">■</span> Seated Dance Workout (SR) 2:00 <span style="color: orange;">■</span> Dealer's Choice (DR) 3:00 <span style="color: lightgreen;">■</span> Afternoon Stroll (C) 6:00 <span style="color: blue;">■</span> Evening Stretch (SR)	10:00 <span style="color: blue;">■</span> Gentle Stretching (SR) 10:30 <span style="color: orange;">■</span> Jenga (DR) 11:00 <span style="color: lightgreen;">■</span> Morning Walks (C) 2:00 <span style="color: blue;">■</span> Chair One (SR) <b>2:30 <span style="color: purple;">■</span> Paint Party &amp; Mocktails (DR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: blue;">■</span> Morning Stretch Workout (SR) <b>10:30 Bonefish Bar &amp; Grill Lunch Outing</b> 10:30 <span style="color: darkpurple;">■</span> Hand Massages & Aromatherapy (SR) 11:00 <span style="color: lightgreen;">■</span> Bird Watching (C) 2:00 <span style="color: blue;">■</span> Balance and Mobility(SR) <b>3:00 <span style="color: orange;">■</span> Natural Wonders &amp; Mysteries (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: blue;">■</span> Noodle Ball (SR) <b>10:30 <span style="color: red;">■</span> Wellness Wednesday Bingo (DR)</b> 11:30 <span style="color: orange;">■</span> Conversation Cards (DR) 2:00 <span style="color: blue;">■</span> Seated HIIT Class (SR) <b>3:00 <span style="color: darkpurple;">■</span> Wine Down Wednesday (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkpurple;">■</span> Morning Devotionals (SR)* 10:30 <span style="color: darkblue;">■</span> Eversound: Trivia (SR) 11:00 <span style="color: orange;">■</span> Table Top Games (SR) <b>1:00 Vollis Simpson Whirligig Park/Ice Cream @ Culver's</b> 2:00 <span style="color: blue;">■</span> RUI FIT/ Legacy (SR) <b>3:30 <span style="color: purple;">■</span> Men's Group: Garrett Morgan Stoplight Craft (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkblue;">■</span> TED Talks- Ancient Roman Influence (SR)* 10:30 <span style="color: lightgreen;">■</span> Scenic Bike Rides (P) 2:00 <span style="color: blue;">■</span> Strength Training (SR) 2:30 <span style="color: darkgreen;">■</span> Taste of RUI: Italy <b>3:30 <span style="color: purple;">■</span> Creative Corner: Spring Art (SR)</b> 4:00 <span style="color: lightgreen;">■</span> Outdoor Relaxation (C) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkpurple;">■</span> Morning Motivation (SR)* 10:30 <span style="color: blue;">■</span> Seated Stretching (SR) 11:00 <span style="color: lightgreen;">■</span> Morning Walks (C) 2:00 <span style="color: red;">■</span> Bingo (DR) 3:00 <span style="color: purple;">■</span> Color Me Calm (DR) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	
21	22	23	24	25	26	27	
10:30 <span style="color: darkpurple;">■</span> Virtual Church Service (SR) 11:00 <span style="color: blue;">■</span> Seated Dance Workout (SR) 2:00 <span style="color: orange;">■</span> Dealer's Choice (DR) 3:00 <span style="color: lightgreen;">■</span> Afternoon Stroll (C) 6:00 <span style="color: blue;">■</span> Evening Stretch (SR)	<b>Earth Day</b> 10:00 <span style="color: blue;">■</span> Gentle Stretching (SR) 10:30 <span style="color: orange;">■</span> Jenga (DR) 11:00 <span style="color: lightgreen;">■</span> Morning Walks (C) <b>12:00 <span style="color: red;">■</span> Resident Birthday Bash</b> <b>2:30 <span style="color: lightgreen;">■</span> Earth Day w/ Linda (DR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	<b>National Picnic Day</b> 10:00 <span style="color: blue;">■</span> Dance Workout (SR) 10:30 <span style="color: darkpurple;">■</span> Hand Massages & Aromatherapy (SR) 11:00 <span style="color: lightgreen;">■</span> Bird Watching (C) <b>12:00 Picnic in the Park</b> 2:00 <span style="color: blue;">■</span> Pilates (SR) 3:00 <span style="color: orange;">■</span> History Trivia of the Ages (SR) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: blue;">■</span> Noodle Ball (SR) <b>10:30 <span style="color: red;">■</span> Wellness Wednesday Bingo (DR)</b> 11:30 <span style="color: orange;">■</span> Conversation Cards (DR) 2:00 <span style="color: blue;">■</span> Seated HIIT Class (SR) <b>3:00 <span style="color: darkpurple;">■</span> Wine Down Wednesday (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkpurple;">■</span> Morning Devotionals (SR)* 10:30 <span style="color: darkblue;">■</span> Eversound: Trivia (SR) 11:00 <span style="color: orange;">■</span> Table Top Games (SR) 2:00 <span style="color: blue;">■</span> RUI FIT/ Legacy (SR) <b>3:30 <span style="color: red;">■</span> Men's Group: Fishing Tales &amp; Tips (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkblue;">■</span> TED Talks- Ancient Roman Influence (SR)* 10:30 <span style="color: blue;">■</span> Balloon Volleyball (SR)* 11:00 <span style="color: orange;">■</span> Random Trivia (SR) 2:00 <span style="color: blue;">■</span> Strength Training (SR) 4:00 <span style="color: lightgreen;">■</span> Outdoor Relaxation (C) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: darkpurple;">■</span> Morning Motivation (SR)* 10:30 <span style="color: blue;">■</span> Seated Stretching (SR) 11:00 <span style="color: lightgreen;">■</span> Morning Walks (C) 2:00 <span style="color: red;">■</span> Bingo (DR) 3:00 <span style="color: purple;">■</span> Color Me Calm (DR) 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	
28	29	30	<b>Location Key</b> Social Room - SR Dining Room - DR Courtyard - C Auditorium - A Portico - P		<b>Taste of RUI Meal Service</b> Breakfast: 8am-9am Lunch: 12pm-1pm Dinner: 5pm-6pm		Please note that all life enrichment programs are subject to change based on the needs and desires of the residents. Outdoor programs and outings are weather dependent. Programs run for a half hour unless otherwise noted. Those with an "*" are an hour.
10:30 <span style="color: darkpurple;">■</span> Virtual Church Service (SR) 11:00 <span style="color: blue;">■</span> Seated Dance Workout (SR) 2:00 <span style="color: orange;">■</span> Dealer's Choice (DR) 3:00 <span style="color: lightgreen;">■</span> Afternoon Stroll (C) 6:00 <span style="color: blue;">■</span> Evening Stretch (SR)	10:00 <span style="color: blue;">■</span> Gentle Stretching (SR) 10:30 <span style="color: orange;">■</span> Jenga (DR) 11:00 <span style="color: lightgreen;">■</span> Morning Walks (C) 2:00 <span style="color: blue;">■</span> Chair One (SR) <b>3:00 <span style="color: red;">■</span> Monday Mix &amp; Mingle (DR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)	10:00 <span style="color: blue;">■</span> Morning Stretch Workout (SR) 10:30 <span style="color: darkpurple;">■</span> Hand Massages & Aromatherapy (SR) 11:00 <span style="color: lightgreen;">■</span> Bird Watching (C) 2:00 <span style="color: blue;">■</span> Balance and Mobility (SR) <b>2:30 <span style="color: red;">■</span> The History of Jazz Social (SR)</b> 6:00 <span style="color: red;">■</span> Evening Cinema (SR)					