



200 Trade Street • Tarboro, NC 27886 • 252-823-2799  
[www.rui.net/thejane](http://www.rui.net/thejane)

**PLEASE JOIN US!**

# Garden Party

**TUESDAY, APRIL 23**  
**3:00 PM - 4:00 PM**  
**AUDITORIUM**

Please join us for our wonderful celebration of Earth Day with a beautiful Spring themed spread of snacks and flowers provided by our Taste of RUI team!

**RSVP to 252.823.2799**



## April 2024

### In This Issue

In this issue of our monthly newsletter, you will read a note from our Executive Director, learn about one of our residents, and find out when to mark your calendars! Be sure to also stay tuned to our Facebook page.

### Save the Date

- 4/2 NC Museum of Art Outing- IL
- 4/3 Methodist Men's Choir- IL
- 4/5 RUI Fit Health Talk
- 4/5 Springtime Tea in Paris Social- AL
- 4/7 The Sweet Loves Performance
- 4/8 Travels w/ Monika- Richmond, Petersburg, VA
- 4/8 Dave Binanay Performance- AL
- 4/9 It's a Zoo Life- Petting Zoo
- 4/10 Paint Design w/ Noelle- IL
- 4/11 Happy Hour w/ Anna Heckert- IL
- 4/12 U.S. History w/ Jeffrey- IL
- 4/15 Travels w/ Monika- Charlottesville, Mts VA
- 4/16 Bonefish Bar and Grill Outing- AL
- 4/17 Methodist Men's Choir- AL
- 4/18 Dixie Queen Outing- IL
- 4/19 Taste of RUI- Italy
- 4/21 The Sweet Loves Performance
- 4/22 Travels w/ Monika- Charleston, SC
- 4/22 Earth Day with Linda- AL
- 4/23 Drive Shack Golf Outing- IL
- 4/24 Healthy and Hydrated Gym Social- IL
- 4/24 Paint Design w/ Noelle- IL
- 4/29 Travels w/ Monika- Paduka to Louisville, KY
- 4/30 Virginia Zoo Outing- IL



### **A Letter From Our Executive Director: Julie Daugherty**

Greetings, Residents and Families of The Jane at Tarboro! Spring is finally here! We are excited to finally be outside in warmer weather! We are looking forward to the many fun events and outings in April for our residents!

As a reminder, we have many signature programs that are provided each month, and family and friends are encouraged to attend any classes that are held at our community. We hope that you will join us!

If you have questions about any of our signature classes for this month, please reach out with Life Enrichment regarding more information about them.

If you need to get in contact with me, please feel free to call 252-823-2799 or email [julie.daugherty@rui.net](mailto:julie.daugherty@rui.net).



### **Resident Spotlight: Mr. Dan L.**

Mr. Dan was one of four children born to Raleigh and Martha Lilley. He was born in Martin County, NC. Mr. Dan had two brothers, Tillman and Melton and one sister, Rhoda. Mr. Dan grew up working on the family farm. He harvested vegetables and fruits from the garden and helped with the daily chores of keeping the family home clean. Mr. Dan attended Farm Life School, where as a teen, he drove the school bus.

Mr. Dan experienced a life-changing event when, as a teen, he was kicked in the mouth by a mule! This incident caused him to lose several teeth and have a partial put in.

Mr. Dan looked up to his uncle, Elbert Robinson, and would visit him every Saturday as a teenager. Life lessons Mr. Dan learned growing up were to be honest and be nice to others.

Prior to getting married, Mr. Dan joined the Marines right out of high school. He served during the Korean Conflict, which started in 1950 and ended in 1953.

Mr. Dan and his wife purchased a small cottage on the Albemarle Sound. They spent many weekends and summers there enjoying the waterways on their boat and jet ski. Mr. Dan and Faye also vacationed up and down the East coast with his brother and sister-in-law.

After serving in the Marines, Mr. Dan began working at a paper mill known as Weyehauser in Plymouth, NC. He worked there for more than 30 years before his retirement.

In his leisure time, he enjoyed spending time with his dear friend, Donald Mizelle. He and his family were also dedicated parishoners at the Williamston Church of Christ. Mr. Dan's lifelong hobbies include hunting, gun collecting, fishing, landscaping, and gardening.

When asked what advice he would share with a young person growing up today, he says to go to church. When asked what important thing a young person should think about is, he says to plan ahead and not wait until the last minute to do everything.

Mr. Dan is a remarkable person and we are honored to have him here at our Jane community!



How much water do you drink each day? An adequate total fluid intake each day for women is

11.5 cups and 15.5 cups for men. Some of the functions that water helps to regulate includes regulating body temperature, protecting your tissues, joints, eliminating toxins and waste, and helping improve physical performance. A way to include water each day is bringing a water bottle to RUI FIT classes, drinking a cup at mealtimes, or drinking a cup when you wake up. It is essential that drinking water is a priority each day. Have a happy and healthy April!



### Happy Birthday!

- 4/1 Patricia C.
- 4/2 Patricia H.
- 4/5 Anna B.
- 4/5 Dorothy P.
- 4/5 Patricia J.
- 4/7 Scott H.
- 4/8 Pecolia A.
- 4/10 Ingrid B.
- 4/10 Jack J.
- 4/13 Marie P.
- 4/15 Beomi W.
- 4/17 Mamie C.
- 4/19 Carole A.
- 4/21 John T.

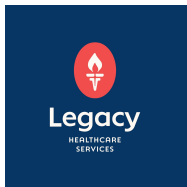


### Luxe Unlimited Update! 5 Tips for Springtime

#### Skincare

- Gently exfoliate your skin to get rid of dry, dead skin from the cold winter months.
- Moisturize your skin, including your face, hands, and decollete.
- Wear SPF daily, especially when you know that you will be outside for long periods on a nice day.
- Add an anti-oxidant to your skincare routine to protect from free radicals.
- Drink plenty of water!

Your skin is your largest organ so it is important to take care of it just like you do the rest of your body! Interested in learning more about what LUXE Unlimited has to offer? Give us a call at 540-501-6043 for assistance or visit us online at [www.luxeunlimited.net](http://www.luxeunlimited.net). Online booking is available.



Greetings from Legacy Healthcare Services! We are your onsite outpatient therapy

provider of physical, occupational and speech therapy services. We are excited to present a weekly Technology Class for Senior Adults during the month of April. We will be celebrating Occupational Therapy Month and hosting a separate Wheelchair/Walker Cleaning Event this month. Come join us for some educational fun and help to recognize our Occupational Therapists and Occupational Therapy Assistants! We look forward to seeing you soon.

### Inspiratás: Coast to Coast



Happy April! Join us on the next leg of our annual theme,

“Coast to Coast,” as we dive into the enchanting landscapes of Yakushima & Okinawa, Japan. Immerse yourself in the rich tapestry of ancient Japanese cultures through programming. Our exploration will awaken your senses, from the sights of stunning coastlines to the sounds of traditional music, textures of historic architecture, and the flavors of authentic Japanese cuisine. Check our program calendar to learn more!



## The Jane Team Of Directors



**Executive Director:** Julie Daugherty  
**Director of Clinical Services:** Michelle Allen  
**Business Office Manager:** April Ferrer  
**Human Resources Manager:** Chippretta Robinson  
**Director of Culinary Experience:** Mike Tamisiea  
**Life Enrichment Director:** Seth Wagner  
**Director of Community Relations:** Rhonda Yerkes  
**Inspiritás Coordinator:** Asia Harris-Moye



**April 2, 1513** - Spanish explorer Ponce De Leon sighted Florida and claimed it for the Spanish Crown after landing at the site of present day St. Augustine, now the oldest city in the continental U.S.

**April 4, 1968** - Civil Rights leader Rev. Dr. Martin Luther King was shot and killed by a sniper in Memphis, Tennessee. As head of the Southern Christian Leadership Conference, he had championed non-violent resistance to end racial oppression and had been awarded the Nobel Peace Prize in 1964. He is best remembered for his *I Have a Dream* speech delivered at the 1963 Civil Rights March on Washington. In 1986, Congress established the third Monday in January as a national holiday in his honor.

**April 9, 1865** - After over 500,000 American deaths, the Civil War effectively ended as General Robert E. Lee surrendered to General Ulysses S. Grant in the village of Appomattox Court House.