



THE  
**MADYSON**  
AT PALM BEACH GARDENS

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

13465 Pasteur Boulevard • Palm Beach Gardens, FL 33418 • (561) 227-0065  
[www.rui.net/the-madyson-at-palm-beach-gardens](http://www.rui.net/the-madyson-at-palm-beach-gardens)

PLEASE JOIN US!

Spring Family  
Extravaganza

**TUESDAY, APRIL 30**  
**10:00 AM**

Join us for a Spring celebration with  
food, drinks, & fun! Bring your family  
and friends.

**Guest meals: \$25**  
**RSVP to 561.227.0065**

THE  
**MADYSON**  
AT PALM BEACH GARDENS  
RESIDENTIAL LIVING, ASSISTED LIVING, AND MEMORY CARE

April 2024

**April Highlights**

Welcome, Spring! As we roll into the month of April, there is much to expect! To begin with, we are happy to be starting our RUIU Spring Semester 2024. Get excited about a week of spring break, enjoying stories of travel, food, and history. We continue our learning by incorporating new and interesting topics, along with further developing subjects we've come to love! Although April showers bring May flowers, we hope it brings much more to The Madyson at Palm Beach Gardens! Join us for adventure and lifelong learning!

Save the Date

- April 5 & 19 .... Reading/Writing/Learning Lab Book Club
- April 6 ..... True Stories w/Thomas Kane
- April 7 ..... Music Historian Marlene Solender
- April 8 ..... Making of Mount Rushmore w/Roger Gross
- April 9 ..... Icons of the 20th Century w/Shane Le Mar
- April 3, 10, 17 & 24 .... RUIU: Feet to the Fire Workshop
- April 13 .... History of Pablo Picasso w/Dr. Terryl Lawrence
- April 15 .... Taste of RUI: International Kitchen: Italy
- April 16 .... Taste of RUI Uncorked: France
- April 3 & 17 ... Facilitated TED Talks
- April 18 .... Illuminating Jewish Art w/Helene Yentis
- April 21 .... Pink Slip: Popular Music of the early 1960s
- April 27 .... Life & History of Gene Kelly w/Wes Anthony
- April 29 .... Billie Holiday, American Jazz Singer w/Rod MacDonald

# Administrator's Corner



*Trisha Coulson, Executive Director*

April is stress awareness month, a friendly reminder that if you are feeling stressed, to reach out to friends or family and make social connections. The Madyson is having a promotion called "Refer a Friend." If you refer us to a friend, you will receive \$1,000 off one month's rent. Once your friend has lived in the community for 30 days, you will receive a \$1,000 credit on your monthly invoice. It's our way to say thank you. On the other hand, I am extremely excited to begin another month of fun here at The Madyson at Palm Beach Gardens. Can't wait to see you all out there enjoying everything we have to offer!



## Resident Spotlight



### **Ms. Elizabeth P.**

Our resident spotlight for the month of April is Ms. Elizabeth P. highlighting her accomplishments with the #RUIGIVESBACK. Ms. Elizabeth continuously volunteers at Washington Elementary School reading to the young students there. Ms. Elizabeth loved playing outdoors and grew up in Ardmore, Pennsylvania with her two brothers and her sister. Ms. Elizabeth has always enjoyed volunteerism, building a career working in schools and as a librarian. We are so appreciative of Ms. Elizabeth's commitment to the library at The Madyson and her involvement in all our volunteer opportunities.



Happy April! Join us on the next leg of our annual theme, "Coast to Coast," as we dive into the enchanting landscapes of Yakushima & Okinawa, Japan. The Inspiritas April Family Huddle will be on the 11th of April. Our Connections Cafe & Book Club support group would also be meeting, and we will be hosting a regatta themed Family Brunch ... flyers will be sent containing details of these events.



Greetings from Legacy Healthcare Services! We are your on-site outpatient therapy provider of physical, occupational and speech therapy services. We are excited to present a weekly Technology Class for Senior Adults during the month of April. We will be celebrating Occupational Therapy Month and hosting a separate Wheelchair/Walker Cleaning Event this month. Come join us for some educational fun and help to recognize our Occupational Therapists and Occupational Therapy Assistants! We look forward to seeing you soon.



# Happy Birthday

## April Birthdays

April 02	Steffi B.
April 04	Ann S.
April 06	William L.
April 07	Francia T.
April 08	David L.
April 10	France S.
April 14	Robert S.
April 25	Lynn S.
April 27	Lucille C.



Our Inspiritas residents enjoyed learning and playing the Chinese social and traditional game of Mahjong.



Come and join the fun and engaging social events in Inspiritas - Memory Care.



**LUXE UNLIMITED™**  
SALON AND SPA

## 5 Tips for Springtime Skincare

- Gently exfoliate your skin to get rid of dry, dead skin from the cold winter months.
- Moisture your skin, including your face, hands, and decollete.
- Wear SPF daily, especially when you know that you will be outside for long periods on a nice day.
- Add an anti-oxidant to your skincare routine to protect from free radicals.

- Drink plenty of water!

Your skin is your largest organ so it is important to take care of it just like you do the rest of your body! Do you have any skincare concerns such as signs of aging, uneven skin tone, or dryness? Want to learn more about how LUXE Unlimited can help you improve and maintain healthier, younger-looking skin? Book a free consultation today with our licensed LUXE Unlimited skincare service providers to learn more about our cosmetic services. Call 540-501-6043 for assistance or book online at [www.luxeunlimited.net](http://www.luxeunlimited.net).



## Team Member Highlight



**Jehu Stewart, Fit Coach**

Welcome our new Fit Coach, Jehu Stewart. Jehu brings many years of fitness experience that will help to enhance your flexibility and strength.



Our Maltz Season Ticket Holders out at the performance of Plaza Suite. Make sure to ask about next season tickets!



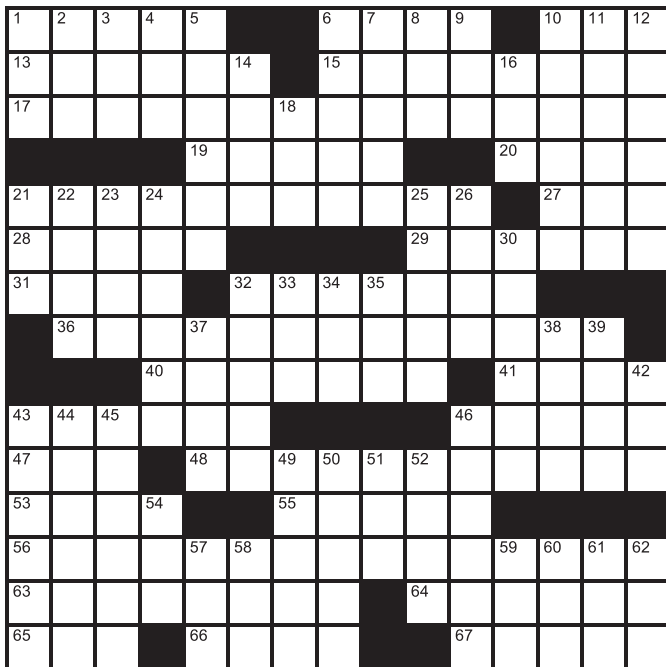
Yolanda P enjoying our signature program Taste of RUI!

## Meet the Team

**Trisha Coulson: Campus Executive Director**  
**Janine Tompkins: Assistant Executive Director**  
**Shakira Babbs: Interim AL/IL Clinical Services Director**  
**Phyllis Phillips: Life Enrichment Director**  
**Genny Saint Juste: Business Office Manager**  
**Mo Laguerre: Environmental Services Director**  
**Dwight Williams: Executive Chef**  
**Tanisha White: Human Resources Manager**  
**Rommel "Tony" Lozano: Inspiritás Coordinator**



## Crossword Puzzle



### ACROSS

1. To give someone a fright
6. Used with a ratchet wheel
10. Kind of wheel
13. Joked around
15. Three before seven
17. Will Smith blockbuster
19. Discover
20. Smooth-coated dogs with curled tails
21. A rosary
27. Deception
28. Indy entrant
29. Subordinate to senior
31. October birthstone
32. Bit
36. Sweet talker
40. Time zone an hour ahead of Central
41. Brawl
43. Fictional spy Jason \_\_\_\_
46. Welsh dog breed
47. Dusk, to Donne
48. Fibrous quality
53. Cogitate
55. Contents of Pandora's box
56. Over values
63. Nonhuman
64. Pleasant to the ear
65. Barbie's beau

66. Andy's radio partner
67. Gray

### DOWN

1. Schuss, e.g.
2. ATM need
3. "That's \_\_\_\_"
4. "\_\_\_\_ to Billie Joe"
5. German astronomer Johannes \_\_\_\_
6. Man with a mission
7. "Gladiator" setting
8. Cyst
9. Anita Brookner's "Hotel du \_\_\_\_"
10. Coefficients in physics
11. Slowly, to a conductor
12. It blows off steam
14. Big game
16. A porcino to some
18. Apprehend
21. Ace
22. Criticizes
23. Deep purple edible berry
24. A real loudmouth
25. A type of spirit
26. Vocalized
30. Brain cell
32. Change, as a clock
33. Crumb
34. Adaptable truck, for short
35. Anderson's "High \_\_\_\_"

37. Moving vehicles
38. Cork's country
39. Kind of life
42. "\_\_\_\_ the season ..."
43. To jeer at
44. Body of work
45. Invisible
46. Rockrose is one
49. Of the past
50. Harvard, Yale, Brown, etc.
51. Game with matchsticks
52. Garden bloom, informally
54. Victorian, for one
57. In-flight info, for short
58. Bottom line
59. "\_\_\_\_ say!"
60. Mozart's "L' \_\_\_\_ del Cairo"
61. After expenses
62. Chester White's home

