

April 2024

Creative RUI University Games Entertainment RUI FIT ♪ Live Music Special Event Spiritual
Outing Intellectual ♣ Resident-Led \$ Self-Funded

| INDEPENDENT LIVING, ASSISTED LIVING, AND MEMOI | | | | | 9 | Health/Wellness |
|--|---|---|---|---|---|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Floral Fête MONDAY, APRIL 22 3:00 PM - 5:00 PM | April Fools' Day 1 10:30 Coffee and Donuts | Children's Book Day 2 10:30 TED Talks: Ancient Roman Influence (RUIU) 11:00 Woodland Hill's Men's Club (DWB) 11:30 Cranium Crunches* (RUIU) 2:00 Tai Chi w/ Dink* (SR) 3:00 Become a Children's Book Author - Reading/Writing Learning Lab (DWB) | 3 10:30 Resident Tech Support and MyRUI App (RUIU) 11:00 Strength and Balance* (SR) 11:15 Our Lady of Nazareth Catholic Communion* (PDR) 11:30 Lunch w/ Lee Hunsacker - Stories about FAITH (PDR) 1:30 Yoga* (SR) 3:00 Seated Ballroom Dancing w/ Russell (RUIU) 4:00 Wine Wednesday Social (DWB) | 10:30 Morning Reading Social (RUIU) 11:15 Strength & Stretch w/ Legacy* (Gym) 11:30 Cornhole (DWB) 2:00 Devotions w/ Traci Jefferson (RUIU) 3:00 Jeopardy* (RUIU) 4:00 #RUIGIVESBACK Packing Seed Packets (DWB) | 10:30 Cranium Crunches* (RUIU) 11:00 Cardio Drumming* (Gym) 1:00 Wellness Wagon Acupuncture (RUIU)\$ 1:30 Stretch* (SR) 2:00 Spring Nature Fun w/ Josh | Burrito Day 10:00 Newspaper Club (LB) 10:30 Craft Corner (RUIU) 12:00 Sports Games Live (DWB) 2:00 Bingo (SR) 3:30 Wheel of Fortune* (RU 4:00 Taste of RUI: Burritos (DR) |
| ational Beer Day 7 300 Sunday Mass (RUIU) 300 Second Presbyterian (MT) 300 Sunday Brunch (DR) 300 Scenic Relaxation (SR) 300 Jeopardy* (RUIU) 300 Beer Flights and Insights (DWB) 300 March Madness Women's Final Game (DWB) 300 Bridge Club (SR) ♥ | Zoo Lovers' Day 10:30 Coffee and Donuts Morning Social (DWB) 11:00 Chair One* (SR) 12:00 Enhabit Blood Pressure Clinic (DWB) 1:30 Tai Chi w/ Dink* (SR) 2:00 Bingo (SR) 3:30 Shopping Trip (Lobby) \$ 7:00 Evening Movie: Sheena (MT) 9:00 March Madness Men's Final Game (DWB) | 10:30 TED Talks: Ancient Roman | | Barbour Shop Quartet Day 11 10:30 Morning Reading Social (RUIU) 11:15 Strength & Stretch w/ Legacy* (Gym) 11:30 Cornhole (DWB) 2:00 Devotions w/ Traci Jefferson (RUIU) 3:00 The Story of Our Lives w/ Josh Urban (RUIU) 4:00 Barbour Shop Quartet - Auditory Learning Lab (RUIU) | 12 | 10:00 Newspaper Club (LB 10:30 Craft Corner (RUIU) 12:00 Sports Games Live (DWB) 2:00 Bingo (SR) 3:30 Wheel of Fortune* (RUIU) |
| Sunday Mass (RUIU) Second Presbyterian (MT) Sunday Brunch (DR) Sunday Brunch (SR) Scenic Relaxation (SR) Jeopardy* (RUIU) Bridge Club (SR) | • | Librarian Day 10:30 TED Talks: Ancient Roman Influence (RUIU) 11:00 Woodland Hill's Men's Club (DWB) 11:30 Cranium Crunches* (RUIU) 2:00 Tai Chi w/ Dink* (SR) 3:00 Board Games in the Bistro (DWB) 4:00 Travel Stories Social (DWB) 6:30 Evening Movie: The Music Man (MT) | 17 10:30 Resident Tech Support and MyRUI App (RUIU) 11:00 Strength and Balance* (SR) 11:15 Our Lady of Nazareth Catholic Communion* (PDR) 11:30 Lunch w/ Lee Hunsacker - Stories about WISDOM (PDR) 1:30 Yoga* (SR) 2:00 Legacy Healthcare Services Social (RUIU) 3:00 Seated Ballroom Dancing w/ Russell (RUIU) 4:00 Wine Wednesday Social (DWB) | 18 10:30 Morning Reading Social (RUIU) 11:15 Strength & Stretch w/ Legacy* (Gym) 11:30 Cornhole (DWB) 2:00 Devotions w/ Traci Jefferson (RUIU) 2:30 Dining Committee Meeting (DWB) 3:00 Jeopardy* (RUIU) 4:00 Sharing Cultures Social (DWB) | 19 10:30 Cranium Crunches* (RUIU) 11:00 Cardio Drumming* (Gym) 1:00 Wellness Wagon Acupuncture (RUIU)\$ 1:30 Stretch* (SR) 2:00 Uncorked: France (RUIU) 3:00 April Birthday Social (DWB) \(\text{A} \) 4:00 RUIU Spring Break "Welcome Home" Party (DWB) | 10:00 Newspaper Club (LE 10:30 Craft Corner (RUIU) 12:00 Sports Games Live (DWB) 2:00 Bingo (SR) 3:30 Wheel of Fortune* (RUIU) |
| 21 2:00 Sunday Mass (RUIU) 2:00 Second Presbyterian (MT) 2:00 Sunday Brunch (DR) 2:00 Scenic Relaxation (SR) 2:30 Jeopardy* (RUIU) 3:30 Bridge Club (SR) | Earth Day 22 10:30 Coffee and Donuts Morning Social (DWB) 11:00 Chair One* (SR) 11:30 Earth Day History and Traditions* (RUIU) 1:30 Tai Chi w/ Dink* (SR) 2:00 Bingo (SR) 3:00 Floral Fête (CY/DWB) ♪ | 10:30 TED Talks: Ancient Roman Influence (RUIU) 11:00 Woodland Hill's Men's Club (DWB) 11:30 Cranium Crunches* (RUIU) 2:00 Tai Chi w/ Dink* (SR) 3:00 Board Games in the Bistro (DWB) | 10:30 Resident Tech Support and MyRUI App (RUIU) 11:00 Strength and Balance* (SR) 11:15 Our Lady of Nazareth Catholic Communion* (PDR) 1:30 Yoga* (SR) 2:00 RUI FIT Health Talk (RUIU) 3:00 Seated Ballroom Dancing w/ Russell (RUIU) 4:00 Wine Wednesday Social (DWB) | 25 10:30 Morning Reading Social (RUIU) | National Pretzel Day 26 10:00 Cardio Drumming* (Gym) 11:00 Resident Council (SR) 1:00 Wellness Wagon | 10:00 Newspaper Club (LE 10:30 Craft Corner (RUIU) 12:00 Sports Games Live (DWB) 2:00 Bingo (SR) 3:30 Wheel of Fortune* (RUIU) |
| Sunday Mass (RUIU) Second Presbyterian (MT) Sunday Brunch (DR) Sunday Brunch (SR) Scenic Relaxation (SR) Jeopardy* (RUIU) Bridge Club (SR) | 10:30 Coffee and Donuts Morning Social (DWB) 11:00 Chair One* (SR) 11:30 Law 101 w/ Charlie Osterhoudt* (RUIU) 1:30 Tai Chi w/ Dink* (SR) 2:00 Bingo (SR) 3:30 Shopping Trip (Lobby)\$ | International Jazz Day 30 10:30 TED Talks: Ancient Roman Influence (RUIU) 11:00 Woodland Hill's Men's Club (DWB) 11:30 Cranium Crunches* (RUIU) 2:00 Tai Chi w/ Dink* (SR) 3:00 Board Games in the Bistro (DWB) 3:00 Taste of RUI: Italy (RUIU) 4:15 Scholar of the Month Awards (DWB) | Daily and Weekly Events RUI FIT Open Gym Hours Mondays and Fridays 2:30-3:30 PM RUI FIT Walking Club Wednesdays 2:30-3:30 PM | Daily and Weekly Events Movies in the Theater Afternoon Movie - 1:30 PM Evening Movie - 7:00 PM Note: In the evening, movies longer than 2 hours will begin at 6:30 PM | Please Note all Life Enrichment Programs are subject to change based on the needs and desires of our residents. Outdoor programs and outings are weather dependent. Programs run for one hour unless otherwise noted. Those with an * are 30 minutes. | Location Key CY: Courtyard DR: Dining Room DWB: Dogwood Bistro LB: Library LXS: LUXE Salon MT: Movie Theater RTR: Room-to-Room RUIU: Classroom SR: Shenandoah Room |