

May 2024

RUI University Social Games
Outdoors/Nature Entertainment
Intellectual Outing
Spiritual Creative
RUI FIT Intergenerational

| DKANDY WINI MIDLOTHIAN  |   |   |   |  | RUI FIT  | Intergenerational  |
|---|---|---|---|--|--|--|
| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
| Location Key:  AR= Activity Room FL= Front Lobby DA= Dining Area FSR= Four Seasons Room P= Private Dining Area TR= Theater Room   | Please note that all life enrichment programs are subject to change based on the needs and desires of the residents. Outdoor programs and outings are weather dependent. Programs run for one hour or longer unless otherwise noted. Those with an "*" are a half hour. | Mother's Day ea  SUNDAY, MAY 12 3:00 PM - 5:00 PM   | 9:00 Coffee & Chat with ED/ Kelly (FSR) 9:30 Pastries, Coffee & Chat in the Bistro (FL) 10:15 One Day University (TR) 10:30 Outing: John Marshall House Museum 11:00 Walk Through History with Anna & Nick 1:15 "Rosary Moments with Mary" (AR) 1:30 Movie Matinee (TR) 2:00 Exercise with Legacy Rehab (AR) 3:00 Jeopardy Madness 4:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.) 7:00 Evening Movie (TR)                 | 9:00 Current Events Discussion Group (P)  10:15 One Day University (TR)  10:30 RUI-Fit: Stretch & Balance with Logan (AR)*  11:15 Hymn Sing with Chaplain Terry (LB)  11:30 Theater Games (TR)  1:30 Movie Matinee (TR)  1:30 RUI-Fit: Yoga (AR)*  2:00 Gardening Club (AR)  3:30 BINGO (DA)  7:00 Evening Movie (TR)  | National Garden Meditation Day 9:30 Pastries, Coffee & Chat in the Bistro (FL) 10:15 One Day University (TR) 11:00 Mini Craft: Floral Designs (AR) 1:30 Movie Matinee (TR) 2:00 Piano Hits from Joe (DA) 3:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.) 4:00 Happy Hour (DA) 7:00 Evening Movie (TR)   | Kentucky Derby 2024  9:30 In the News & Chat in the Bistro (FL)  10:30 Resident-Led Morning Walk (FL)  11:30 Resident-Led Morning Game Group (AR)  1:15 Derby Hat Designs (AR)  1:30 Afternoon Matinee: *Residents' Choice  2:00 BINGO (DA)  6:30 Kentucky Derby Race Viewing (TR) |
| · · · · · · · · · · · · · · · · · · ·   |   | National Teachers' Appreciation 7   | 8   | 9  | 10   | 11   |
| 10:15 Catholic Communion (FSR) 10:30 Virtual Sunday Worship: Bon Air Baptist (TR) 1:30 Cinco de Mayo Social (FSR) 2:00 Volleyball (AR) 2:30 Classic Movie Sundays (TR) 3:30 Coffee Bar Lounge (FL) 4:00 Baseball Sunday Viewing Group (TR) 7:00 Evening Moonlighters Group (AR)     | 9:30 Pastries, Coffee & Chat in the Bistro (FL)  10:15 One Day University (TR)  11:00 Shopping: Kroger  11:30 Card/ Art Designs (AR)  1:30 Movie Matinee (TR)  2:00 Men's Cave Group  3:30 BINGO (DA)  7:00 Evening Movie (TR)  | 9:00 Current Events Discussion Group (P) 10:15 One Day University (TR) 10:30 RUI-Fit: Tone Up with Logan (AR)* 1:30 Movie Matinee (TR) 2:00 RUI-Fit: Groove & Move with Logan (AR)* 2:30 RUIU Spanish for Beginners (AR) 3:30 RUIGivesBack: Teachers' Appreciation Day 7:00 Evening Movie (TR)  | 9:00 Coffee & Chat with ED/ Kelly (FSR) 9:30 Pastries, Coffee & Chat in the Bistro (FL) 10:15 One Day University (TR) 10:30 Outing: First Watch (Restaurant) 11:00 Walk Through History with Anna & Nick 1:15 "Rosary Moments with Mary" (AR) 1:30 Movie Matinee (TR) 2:00 Exercise with Legacy Rehab (AR) 3:00 Jeopardy Madness 4:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.) 7:00 Evening Movie (TR)                   | 9:00 Current Events Discussion Group (P)  10:15 One Day University (TR)  10:30 RUI-Fit: Stretch & Balance with Logan (AR)*  11:15 Hymn Sing with Chaplain Terry (LB)  11:30 Theater Games (TR)  1:30 Movie Matinee (TR)  1:30 RUI-Fit: Yoga (AR)*  2:00 Gardening Club (AR)  3:30 BINGO (DA)  7:00 Evening Movie (TR)  | 9:30 Pastries, Coffee & Chat in the Bistro (FL) 10:15 One Day University (TR) 11:00 Mini Craft: Strokes of Paint (AR) 1:30 Movie Matinee (TR) 2:00 Soothing Flute Hits by Tom (DA) 3:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.) 3:30 RUIU Learning Lab: Celebration of Pacific Islander Heritage Month (TR) 4:00 Veterans' Poker Talk Group (GR) 7:00 Evening Movie (TR) | 9:30 In the News & Chat in the Bistro (FL)  10:30 Resident-Led Morning Walk (FL)  11:30 Resident-Led Morning Game Group (AR)  1:30 Afternoon Matinee: *Residents' Choice  2:00 BINGO (DA)  7:00 Evening Movie: Residents' Choice   |
| Mother's Day 12   | 13  | 14  | 15  | 16   | 17   | 18   |
| 10:15 Catholic Communion (FSR) 10:30 Virtual Sunday Worship: Bon Air Baptist (TR) 2:00 Volleyball (AR) 2:30 Classic Movie Sundays (TR) 3:00 Mother's Day Tea & Dine Social 3:30 Coffee Bar Lounge (FL) 4:00 Baseball Sunday Viewing Group (TR) 7:00 Evening Moonlighters Group (AR) | 9:30 Pastries, Coffee & Chat in the Bistro (FL)  10:15 One Day University (TR)  11:00 Shopping: Target  1:30 Movie Matinee (TR)  2:00 Men's Cave Group  3:30 BINGO (DA)  4:30 Evening Tea Discussion  7:00 Evening Movie (TR)   | 9:00 Current Events Discussion Group (P) 10:15 One Day University (TR) 10:30 RUI-Fit: Tone Up with Logan (AR)* 1:30 Movie Matinee (TR) 2:00 RUI-Fit: Groove & Move with Logan (AR)* 2:30 Connecting with Nick (AR) 3:30 Connecting with Chef Scott (AR) 4:00 Evening Walkers' Club 7:00 Evening Movie (TR)  | 9:00 Coffee & Chat with ED/ Kelly (FSR) 9:30 Pastries, Coffee & Chat in the Bistro (FL) 10:15 One Day University (TR) 10:30 Outing: Crossroads Art Center (Museum) 11:00 Walk Through History with Anna & Nick 1:15 "Rosary Moments with Mary" (AR) 1:30 Movie Matinee (TR) 2:00 Exercise with Legacy Rehab (AR) 3:00 Jeopardy Madness 4:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.) 7:00 Evening Movie (TR)             | 9:00 Current Events Discussion Group (P)  10:15 One Day University (TR)  10:30 RUI-Fit: Stretch & Balance with Logan (AR)*  11:15 Hymn Sing with Chaplain Terry (LB)  11:30 Theater Games (TR)  1:30 Movie Matinee (TR)  1:30 RUI-Fit: Yoga (AR)*  2:00 Gardening Club (AR)  3:30 BINGO (DA)  7:00 Evening Movie (TR)  | 9:30 Pastries, Coffee & Chat in the Bistro (FL)  10:15 One Day University (TR)  11:00 Mini Craft: Bracelet Designs (AR)  1:30 Movie Matinee (TR)  2:00 Karaoke Hot Spot (FSR)  3:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.)  4:00 Happy Hour (DA)  7:00 Evening Movie (TR)   | 9:30 In the News & Chat in the Bistro (FL)  10:30 Resident-Led Morning Walk (FL)  11:30 Resident-Led Morning Game Group (AR)  1:30 Afternoon Matinee: *Residents' Choice  2:00 BINGO (DA)  7:00 Evening Movie: Residents' Choice   |
| 19  |   |   | Harvey Milk Day 22  |  | National Wine Day 24   | March 1981 (1981)  |
| 10:15 Catholic Communion (FSR) 10:30 Virtual Sunday Worship: Bon Air Baptist (TR) 2:00 Volleyball (AR) 2:30 Classic Movie Sundays (TR) 3:30 Coffee Bar Lounge (FL) 4:00 Baseball Sunday Viewing Group (TR) 7:00 Evening Moonlighters Group (AR)                                     | 9:30 Pastries, Coffee & Chat in the Bistro (FL)  10:15 One Day University (TR)  11:00 Shopping: Publix  1:30 Movie Matinee (TR)  2:00 Men's Cave Group  3:30 BINGO (DA)  7:00 Evening Movie (TR)  | 9:00 Current Events Discussion Group (P)  10:15 One Day University (TR)  10:30 RUI-Fit: Tone Up with Logan (AR)*  1:30 Movie Matinee (TR)  2:00 RUI-Fit: Groove & Move with Logan (AR)*  2:30 RUIU Spanish for Beginners (AR)  3:00 *Resident Council Meeting (DA)  7:00 Evening Movie (TR)   | 9:00 Coffee & Chat with ED/ Kelly (FSR) 9:30 Pastries, Coffee & Chat in the Bistro (FL) 10:15 One Day University (TR) 10:30 Outing: Eggs UP (Restaurant) 11:00 Walk Through History with Anna & Nick (Harvey Milk Edition) 1:15 "Rosary Moments with Mary" (AR) 1:30 Movie Matinee (TR) 2:00 Exercise with Legacy Rehab (AR) 3:00 Jeopardy Madness 4:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.) 7:00 Evening Movie (TR) | 9:00 Current Events Discussion Group (P) 10:15 One Day University (TR) 10:30 RUI-Fit: Stretch & Balance with Logan (AR)* 11:15 Hymn Sing with Chaplain Terry (LB) 11:30 Theater Games (TR) 1:30 Movie Matinee (TR) 1:30 RUI-Fit: Yoga (AR)* 2:00 Music Tunes with Mike Parker (DA) 3:00 RUIU: Art & Play RVA with Laura (AR) 4:00 BINGO (DA) 7:00 Evening Movie (TR) | 9:30 Pastries, Coffee & Chat in the Bistro (FL)  10:15 One Day University (TR)  11:00 Mini Craft: Card Designs (AR)  1:30 Movie Matinee (TR)  2:00 Uncorked Wine Tasting (FSR)  3:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.)  4:00 Veterans' Poker Talk Group (GR)  7:00 Evening Movie (TR)  | 9:30 In the News & Chat in the Bistro (FL)  10:30 Resident-Led Morning Walk (FL)  11:30 Resident-Led Morning Game Group (AR)  1:30 Afternoon Matinee: *Residents' Choice  2:00 BINGO (DA)  7:00 Evening Movie: Residents' Choice   |
| 10:15 Catholic Communion (FSR) 10:30 Virtual Sunday Worship: Bon Air Baptist (TR) 2:00 Volleyball (AR) 2:30 Classic Movie Sundays (TR) 3:30 Coffee Bar Lounge (FL) 4:00 Baseball Sunday Viewing Group (TR)  | 9:30 Pastries, Coffee & Chat in the Bistro (FL)  10:15 One Day University (TR)  11:00 Shopping: Dollar Tree  11:30 Memorial Day Social (FSR)  1:30 Movie Matinee (TR)  2:00 Men's Cave Group  3:30 BINGO (DA)  4:30 Evening Tea Discussion  7:00 Evening Movie (TR)     | 9:00 Current Events Discussion Group (P)  10:15 One Day University (TR)  10:30 RUI-Fit: Tone Up with Logan (AR)*  1:30 Movie Matinee (TR)  2:00 RUI-Fit: Groove & Move with Logan (AR)*  2:30 Taste of RUI (France) with Chef Scott (AR)  3:00 Talking Care with Lachele (DON)  3:30 Book Club (P)  4:00 Evening Walkers' Club  7:00 Evening Movie (TR) | 9:00 Coffee & Chat with ED/ Kelly (FSR) 9:30 Pastries, Coffee & Chat in the Bistro (FL) 10:15 One Day University (TR) 10:30 Outing: Olive Garden 11:00 Walk Through History with Anna & Nick 1:15 "Rosary Moments with Mary" (AR) 1:30 Movie Matinee (TR) 2:00 Exercise with Legacy Rehab (AR) 3:00 Jeopardy Madness 4:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.) 7:00 Evening Movie (TR)                               | 9:00 Current Events Discussion Group (P)  10:15 One Day University (TR)  10:30 RUI-Fit: Stretch & Balance with Logan (AR)*  11:15 Hymn Sing with Chaplain Terry (LB)  11:30 Movie Matinee (TR)  1:30 RUI-Fit: Yoga (AR)*  2:00 Gardening Club (AR)  3:30 BINGO (DA)  7:00 Evening Movie (TR)   | 9:30 Pastries, Coffee & Chat in the Bistro (FL)  10:15 One Day University (TR)  11:00 Mini Craft: Art Trivia (AR)  1:30 Movie Matinee (TR)  2:30 Music Hits by Stephen L. & Friends (DA)  3:00 Game Group: Residents' Choice (Dominoes, Cards, Etc.)  3:30 Monthly Birthday Bash (AR)  4:00 Happy Hour (DA)  7:00 Evening Movie (TR)   | ★ MEMORIAL DAY ★ REMEMBER AND HONOR  |